

PERSONAL

COLLECTIVE

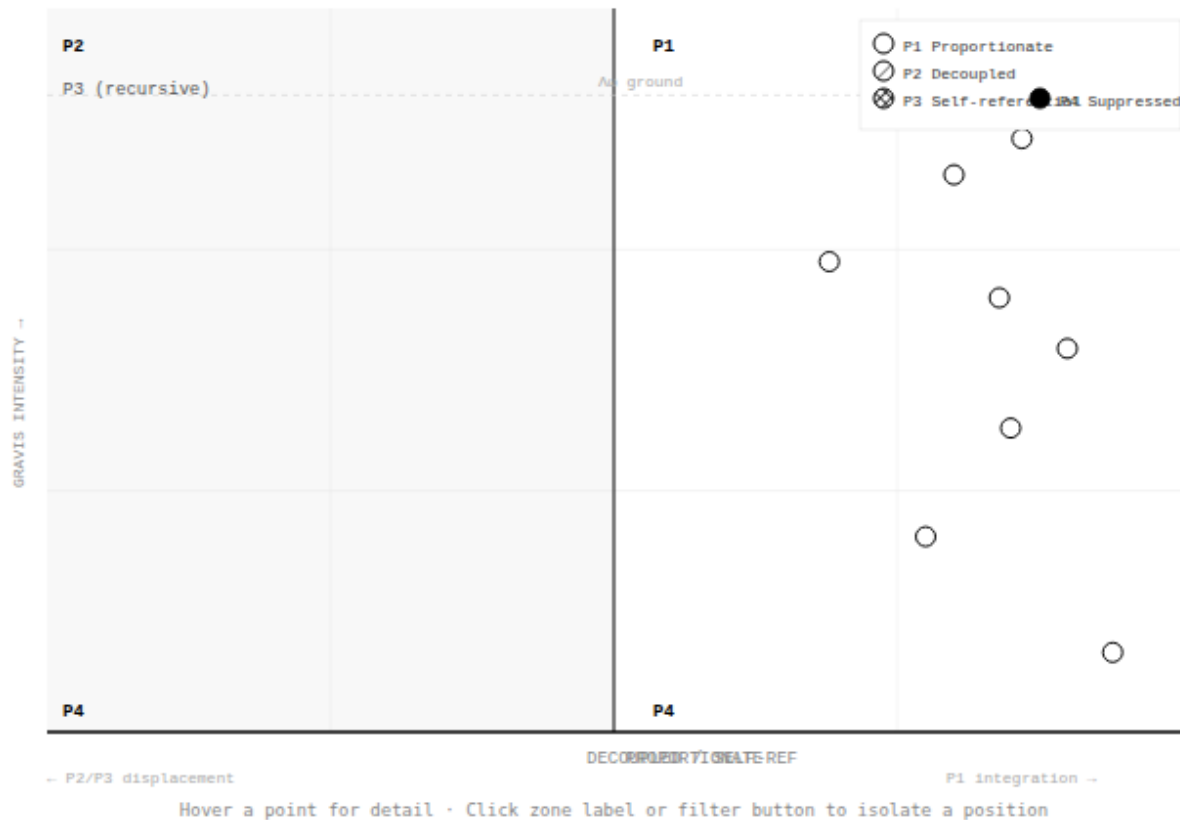
P1 - Proportionate

P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed

CLEAR



P1 – Proportionate

Signal calibrated to genuine stakes

The merimnaton is active and accurately coupled to a real choice with real consequences. The GRAVIS load corresponds to the genuine ontological weight of what is at stake. This is not pathology — it is the qualitative field functioning exactly as it should. Fear of a real present threat, grief after genuine loss, the weight of a moral decision: all are Position 1. The therapeutic task is not to reduce the signal but to support the process of genuine engagement.

THERAPEUTIC DIRECTION

Support genuine choice. Honour the freedom. Allow the merimnaton to complete its function — the superposition to collapse through a self-authored act.

STATES IN THIS POSITION

Fear (acute), Grief, Healthy Anxiety, Moral Seriousness, Courage, Confidence, Calm (integrated), Peace

SUM NOTATION $M_5 = M_4 \times Q$ · GRAVIS = ontological weight of qualitative experience · $\Lambda\omega$ = love-constant, ground state of the Primaton field · Merimnaton = Primaton family member carrying μέριμνα (superposition-weight of freedom before choice) · $W(\tau)$ = modulation of qualitative time · Frederik Takkenberg, Toledo 2026 · sensible-universe.com

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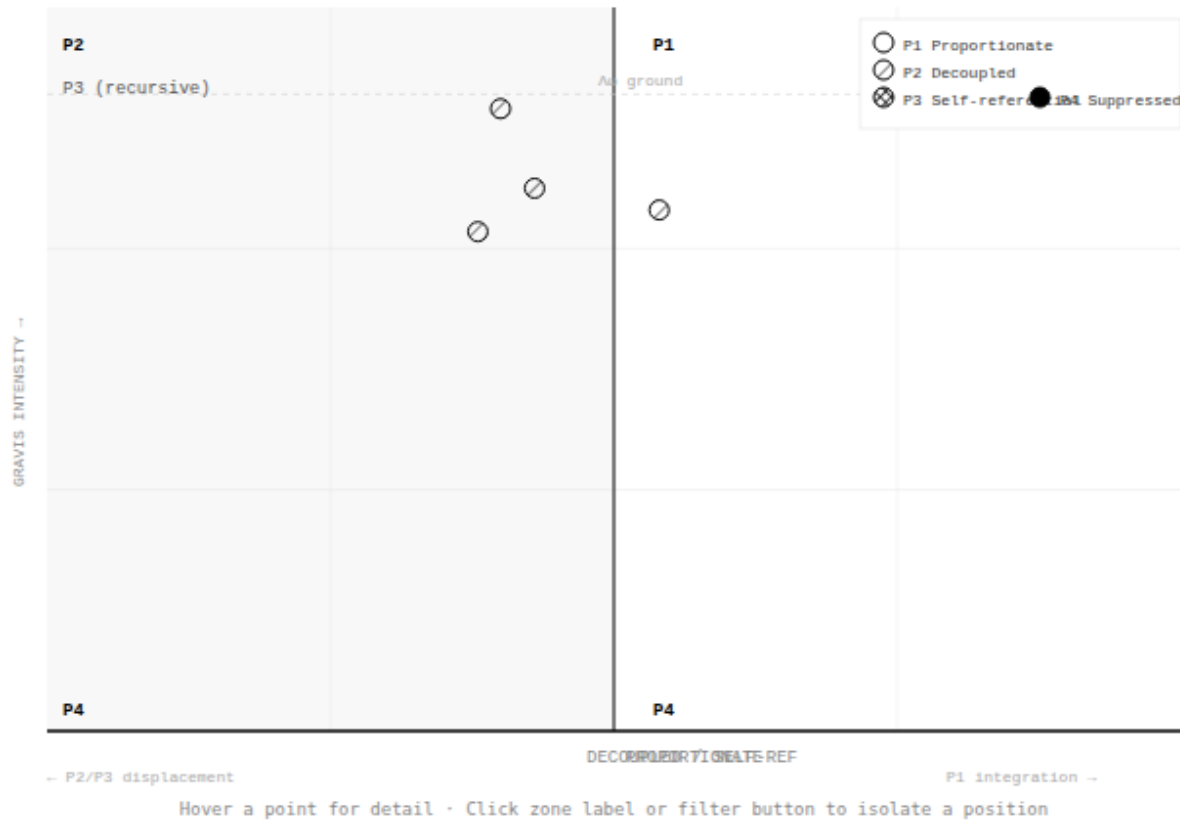
P1 - Proportionate

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P4 - Suppressed

CLEAR



P2 – Decoupled

Signal without referent

The merimnaton is active at significant intensity, but the qualitative field has lost the original referent. The GRAVIS belongs to a historical superposition that was never resolved — often developmental, sometimes traumatic. The anxiety is displaced onto a substitute referent that does not genuinely warrant the weight it carries. The signal is real. The address is wrong.

THERAPEUTIC DIRECTION

Re-anchor the merimnaton to its original referent. Trace the displaced GRAVIS back to the unresolved superposition that generated it. Psychodynamic and trauma-informed approaches address this directly.

STATES IN THIS POSITION

GAD, Specific Phobia, PTSD, Social Anxiety Disorder, Chronic Stress, OCD (externally displaced)

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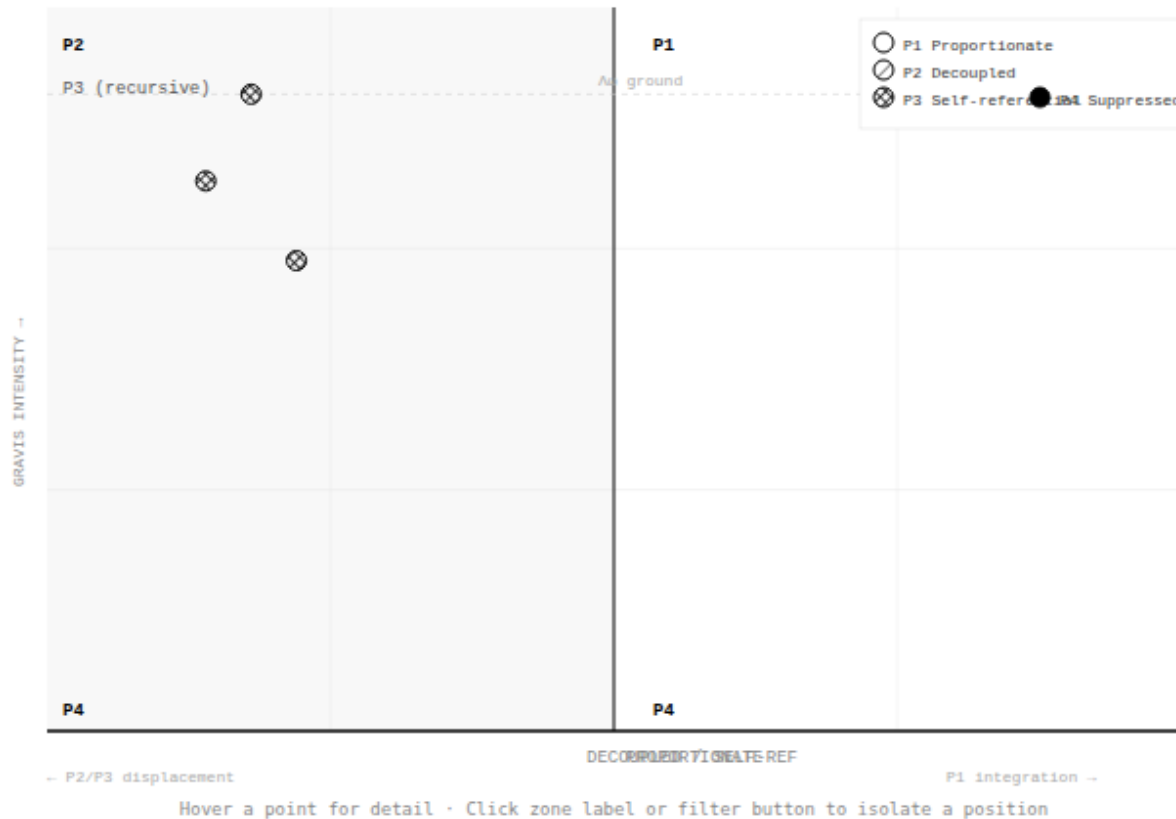
P1 - Proportionate

P2 - Decoupled

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P4 - Suppressed

CLEAR



P3 – Self-Referential

Anxiety about anxiety

The merimnaton has turned on itself. The qualitative field generates GRAVIS about the merimnaton signal itself — the organism fears being afraid, and constructs an avoidance architecture around the experience of anxiety. Every avoidance attempt confirms the danger of the signal and compounds the load recursively. This is the highest GRAVIS-accumulating configuration: no cycle discharges, every cycle adds.

THERAPEUTIC DIRECTION

Dismantle the secondary fear layer before approaching the primary merimnaton. Interoceptive exposure (panic disorder), ACT defusion — restoring the merimnaton to first-order function: carrier of freedom, not harbinger of catastrophe.

STATES IN THIS POSITION

Panic Disorder, Health Anxiety, Catastrophising, Rumination disorder, Existential dread loops

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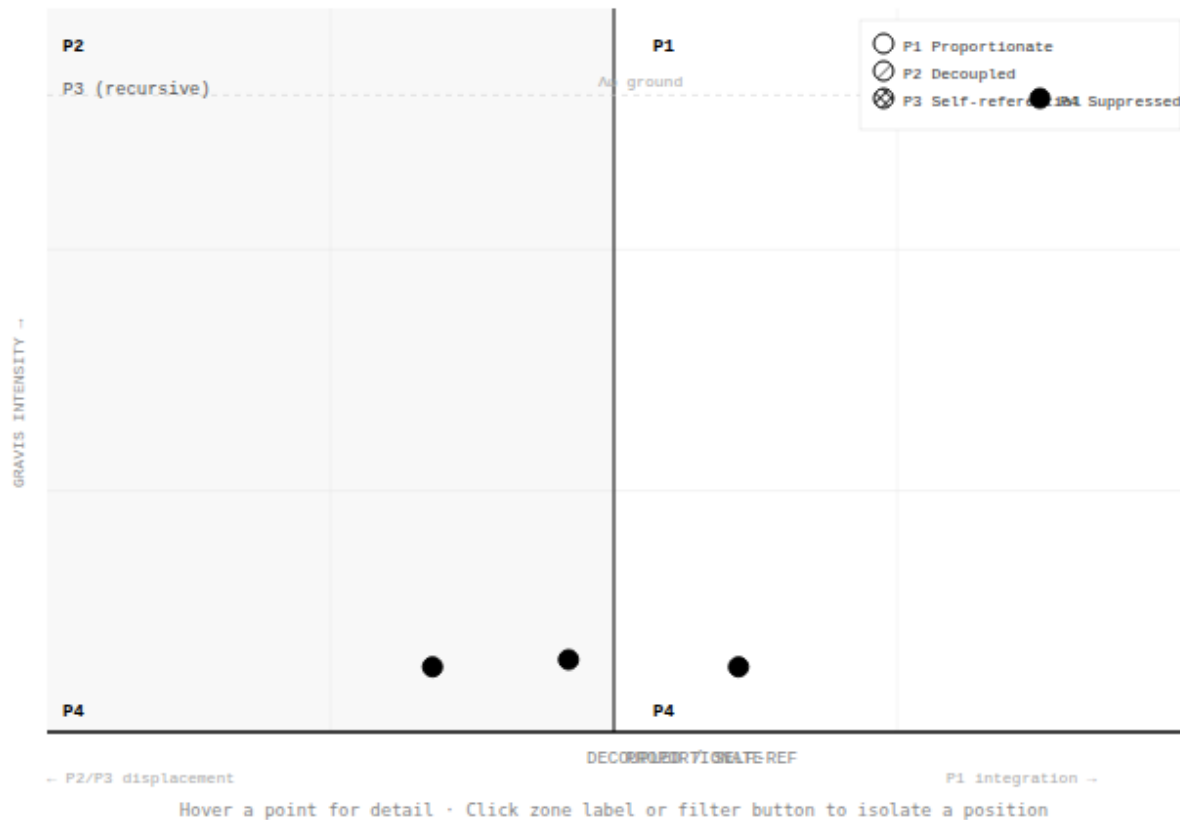
P1 - Proportionate

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P4 - Suppressed

CLEAR



P4 – Suppressed

Field below activation threshold

The merimnaton field has been silenced below its activation threshold. Through chronic pharmacological management, early-life GRAVIS conditioning that made freedom unsafe, or habituated dissociation from qualitative self-authorship, the field no longer registers genuine stakes. The apparent calm is compression, not integration. What lies beneath is unprocessed GRAVIS accumulated before suppression began.

THERAPEUTIC DIRECTION

Careful, supported reactivation of the merimnaton field. The GRAVIS that emerges upon reactivation is not a treatment failure — it is the beginning of integration. The field that re-opens will surface the weight that was compressed.

STATES IN THIS POSITION

Alexithymia, Burnout (flatness phase), Pharmacological flat affect, Chronic dissociation, Social numbness

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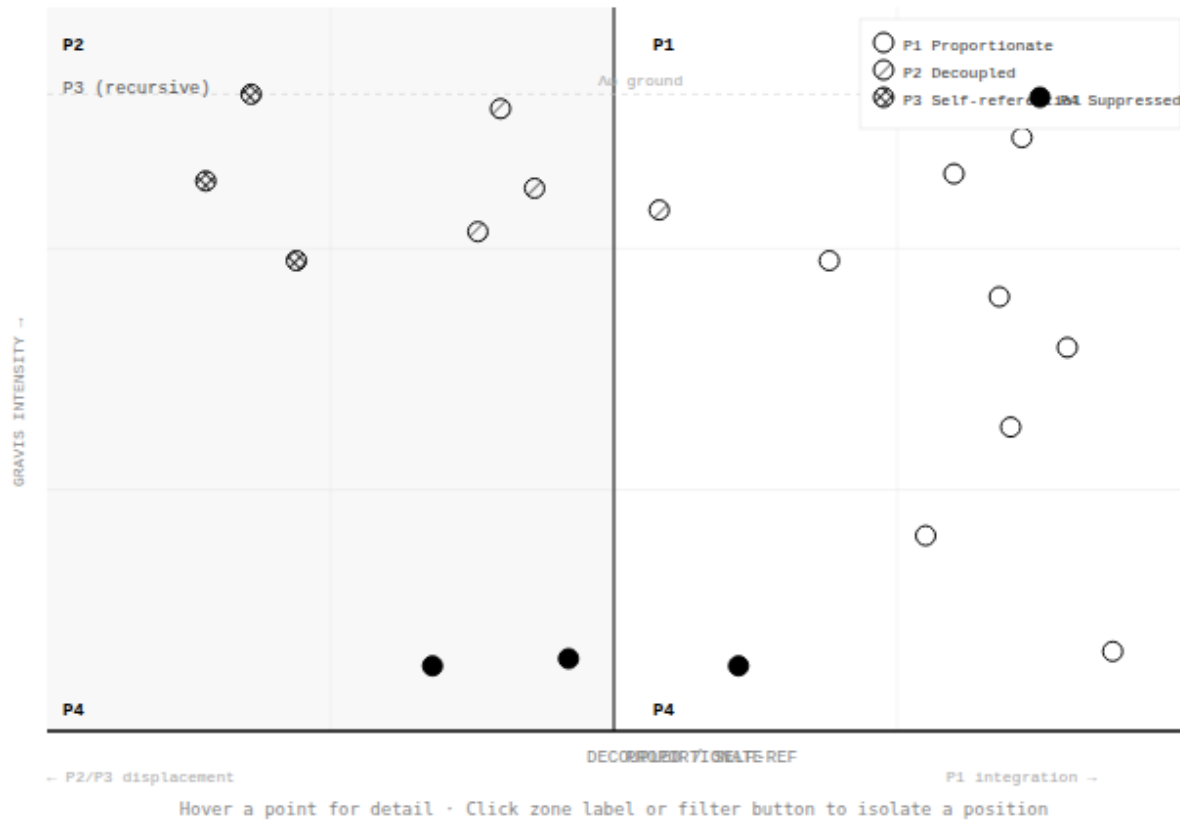
COLLECTIVE

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P4 - Suppressed



Acute Fear

P1 - Proportionate

Present-object threat. M_4 mobilisation for specific danger. $W(\tau)$ compressed to now. The organism responding accurately.

POSITION CONTEXT

P1 - Proportionate

Signal calibrated to genuine stakes

THERAPEUTIC DIRECTION

*Support genuine choice. Honour the freedom.
Allow the merimaton to complete its function —
the superposition to collapse through a self-authored act.*

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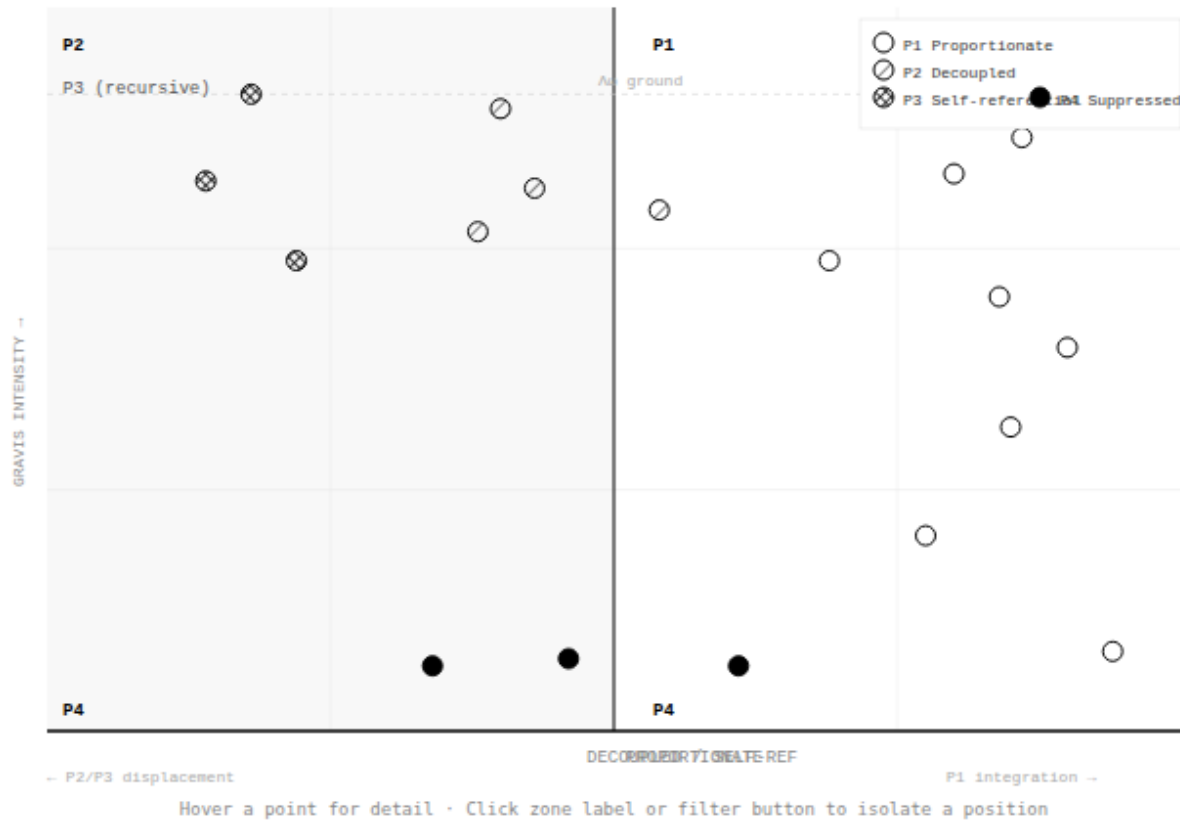
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P4 - Suppressed



Grief

P1 - Proportionate

High GRAVIS load of genuine irreversible loss. Proportionate. Requires time and witness, not suppression.

POSITION CONTEXT

P1 - Proportionate

Signal calibrated to genuine stakes

THERAPEUTIC DIRECTION

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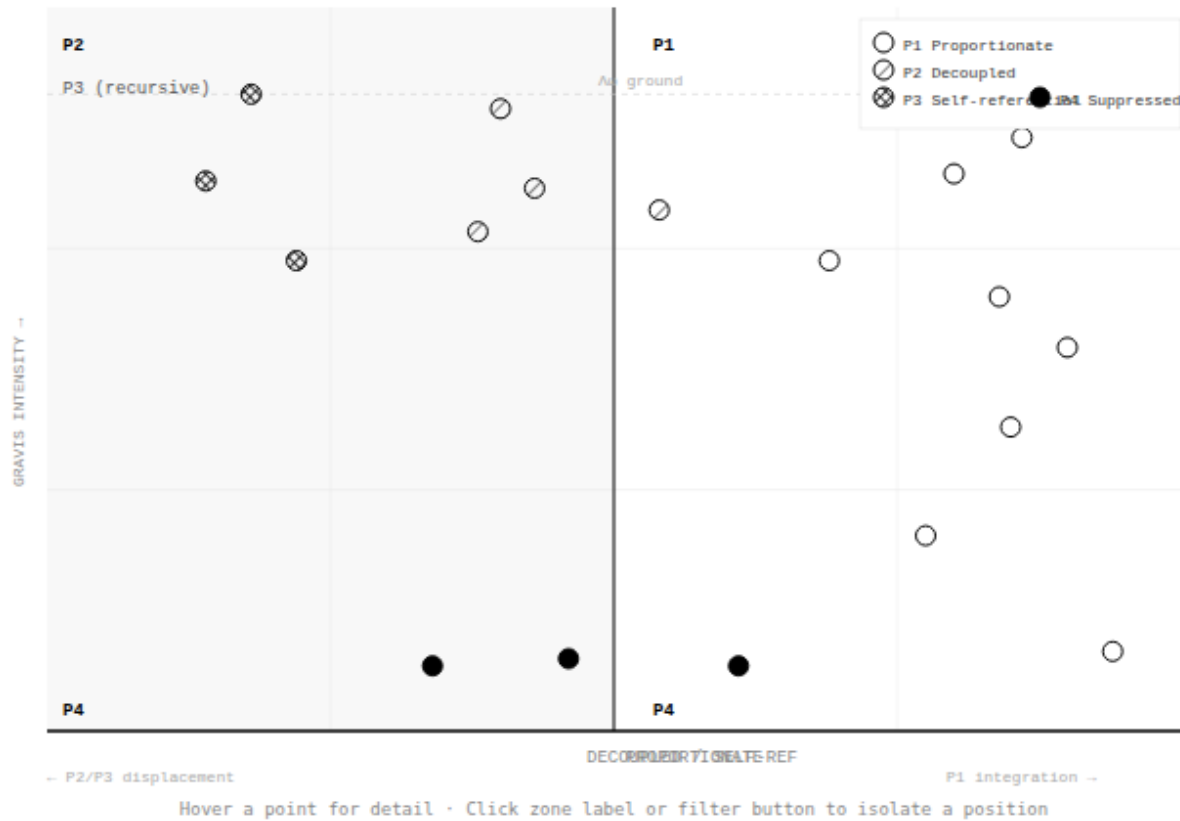
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Healthy Anxiety

P1 - Proportionate

Merimnaton at the threshold of a genuine choice with real stakes. The qualitative field in proportionate superposition — freedom before its exercise.

POSITION CONTEXT

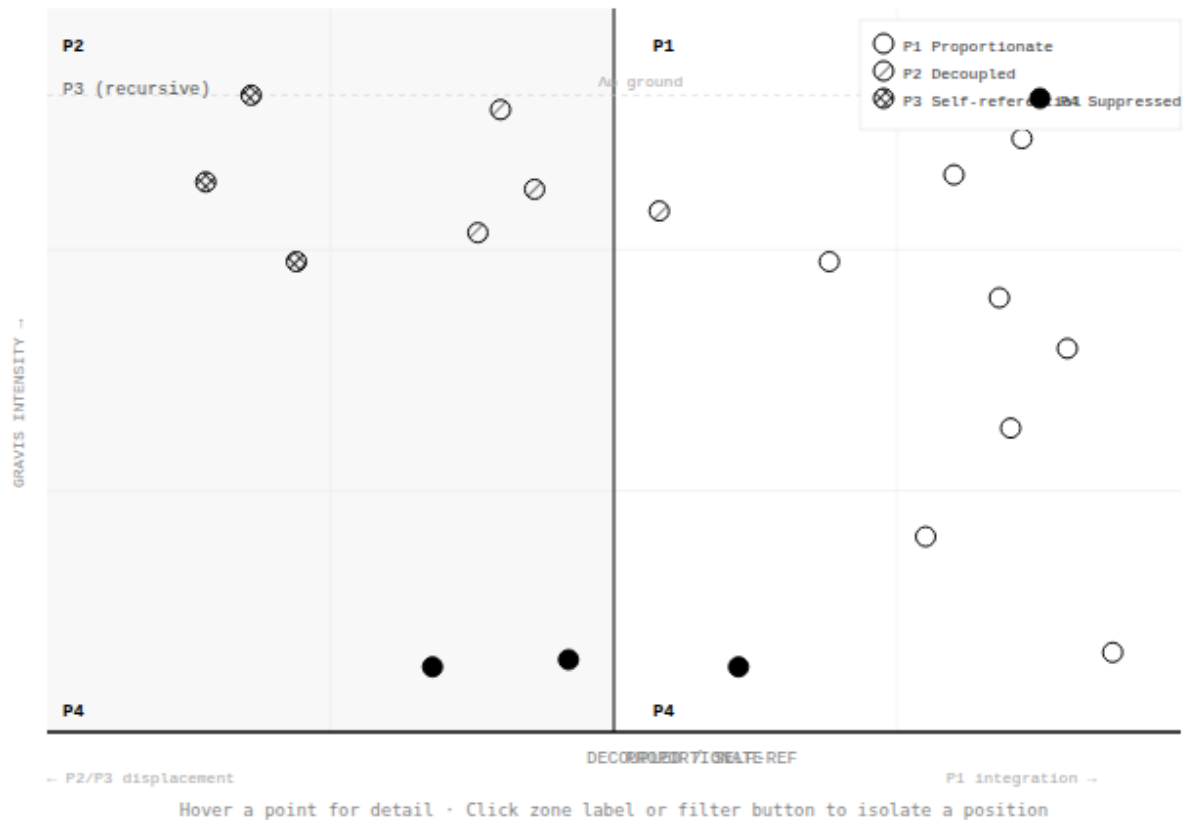
P1 - Proportionate

Signal calibrated to genuine stakes

THERAPEUTIC DIRECTION

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Moral Seriousness

P1 - Proportionate

The weight of genuine responsibility before a significant decision. High GRAVIS, accurately coupled referent.

POSITION CONTEXT

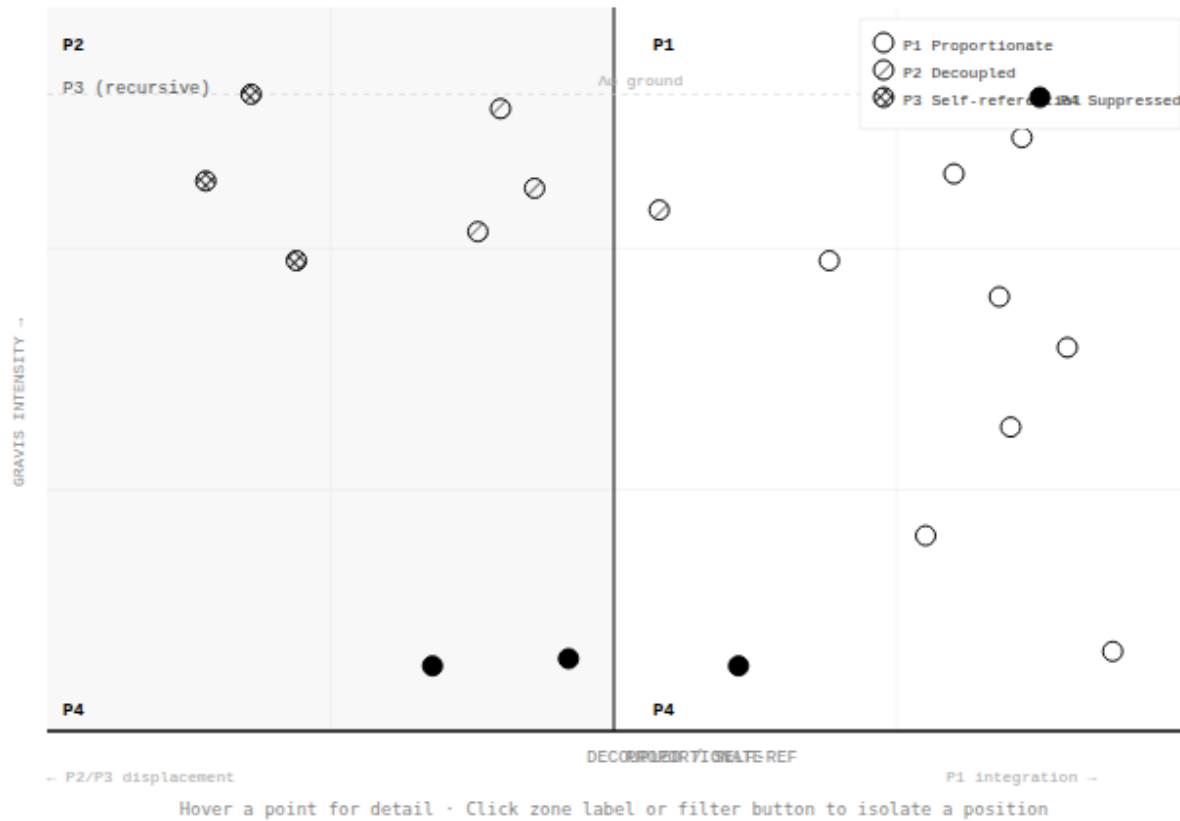
P1 - Proportionate

Signal calibrated to genuine stakes

THERAPEUTIC DIRECTION

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Courage

P1 - Proportionate

Acting through the merimnaton signal rather than waiting for it to resolve. The proportionate merimnaton held and carried forward.

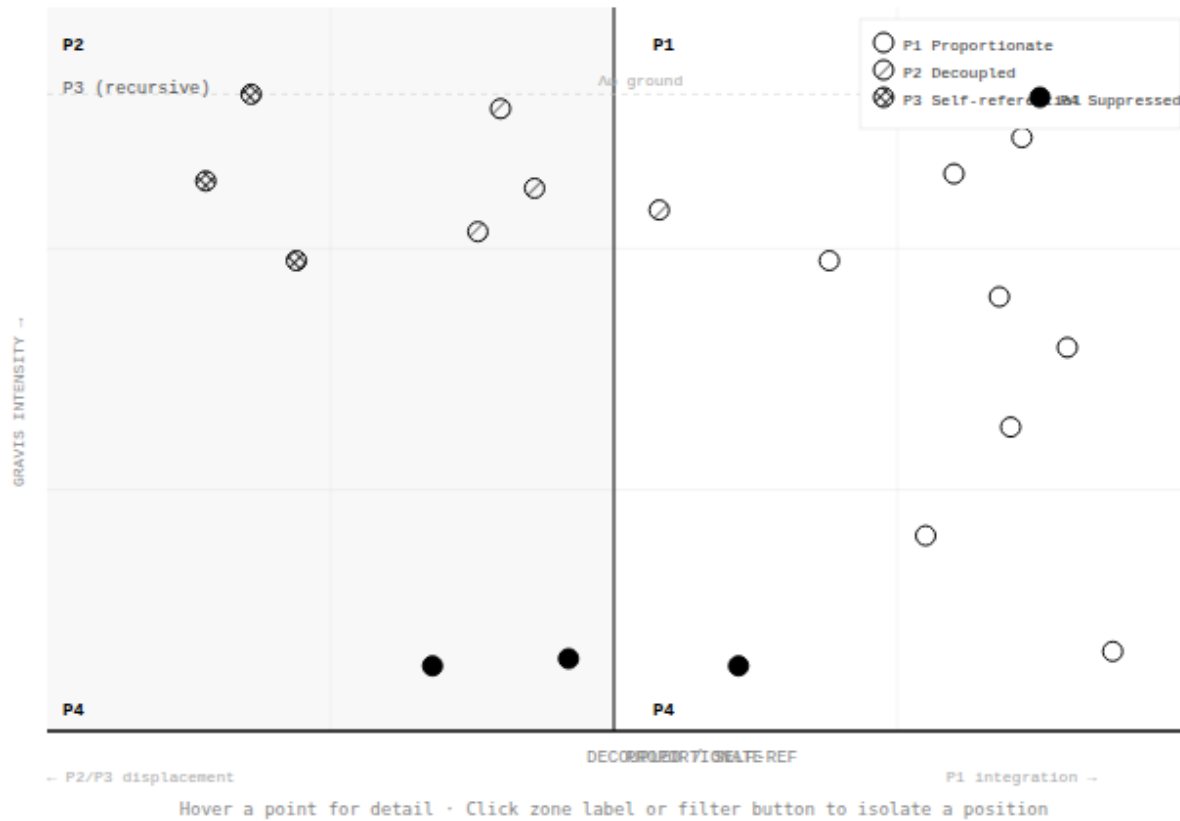
POSITION CONTEXT

P1 - Proportionate

Signal calibrated to genuine stakes
THERAPEUTIC DIRECTION

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Confidence

P1 - Proportionate

History of integrated GRAVIS loads. The qualitative field that has collapsed superpositions successfully and carries that as structural memory.

POSITION CONTEXT

P1 - Proportionate

Signal calibrated to genuine stakes

THERAPEUTIC DIRECTION

Support genuine choice. Honour the freedom.

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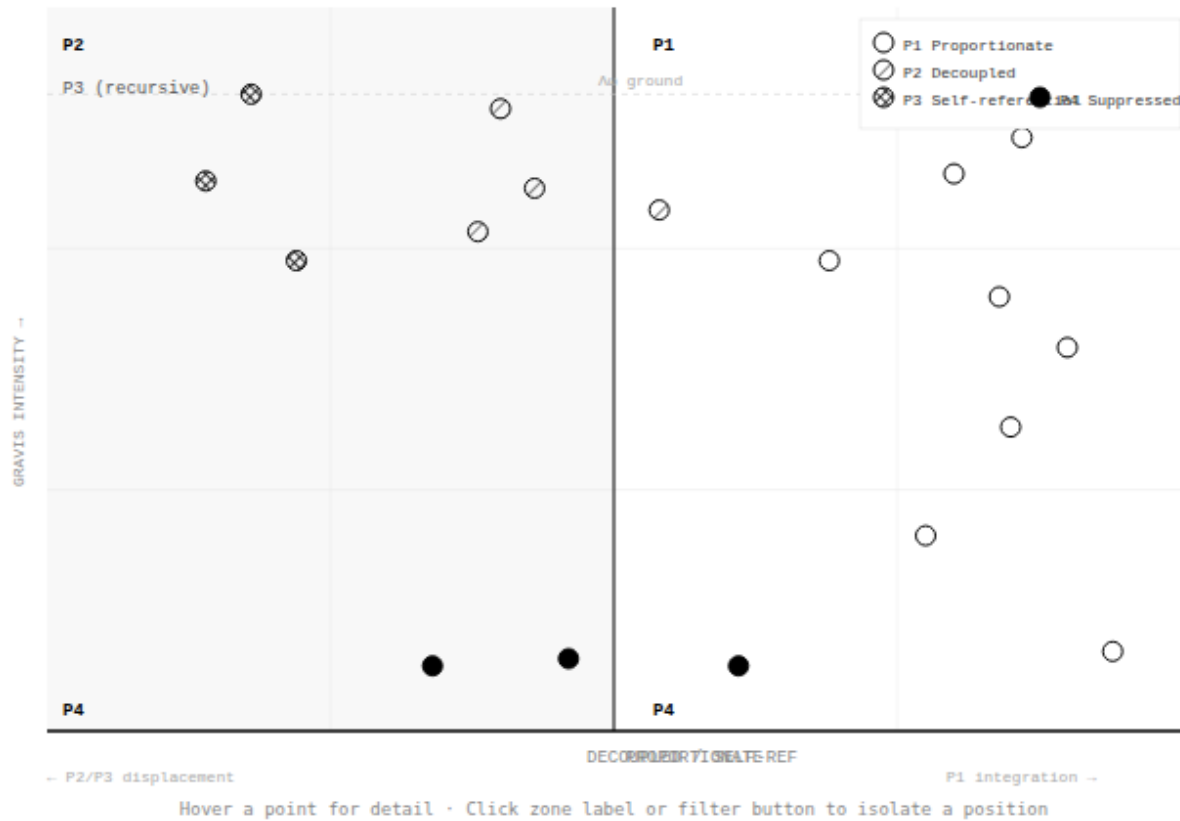
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P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed



Calm (integrated)

P1 - Proportionate

Lower activation, proportionate — after the work is done. $W(\tau) \rightarrow 0$ approach. Not absence of GRAVIS but processed GRAVIS.

POSITION CONTEXT

P1 - Proportionate

Signal calibrated to genuine stakes

THERAPEUTIC DIRECTION

Support genuine choice. Honour the freedom.

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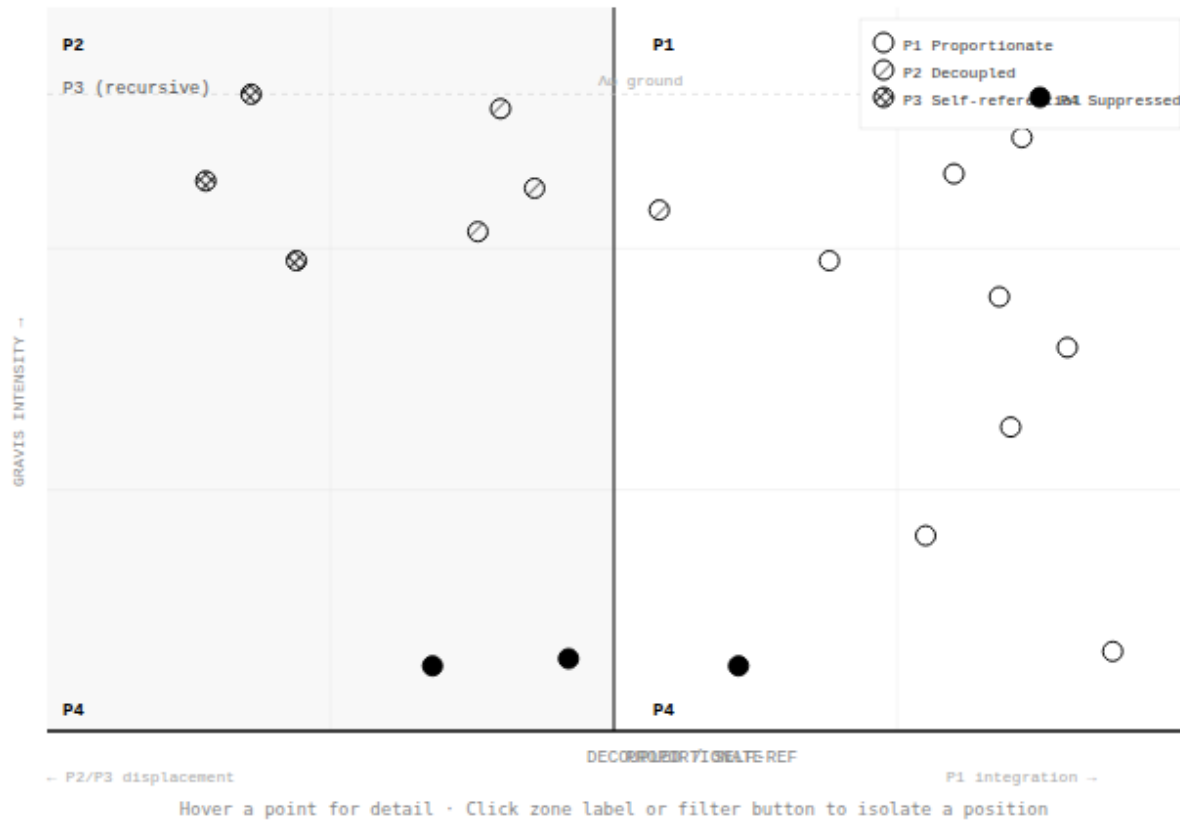
COLLECTIVE

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P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed



Peace

P1 - Proportionate

$\Lambda\omega$ ground state. Field held in the constant that does not oscillate with the weight. Not low arousal but a different ground entirely.

POSITION CONTEXT

P1 - Proportionate

Signal calibrated to genuine stakes

THERAPEUTIC DIRECTION

Support genuine choice. Honour the freedom.

Allow the merimaton to complete its function — the superposition to collapse through a self-authored act.

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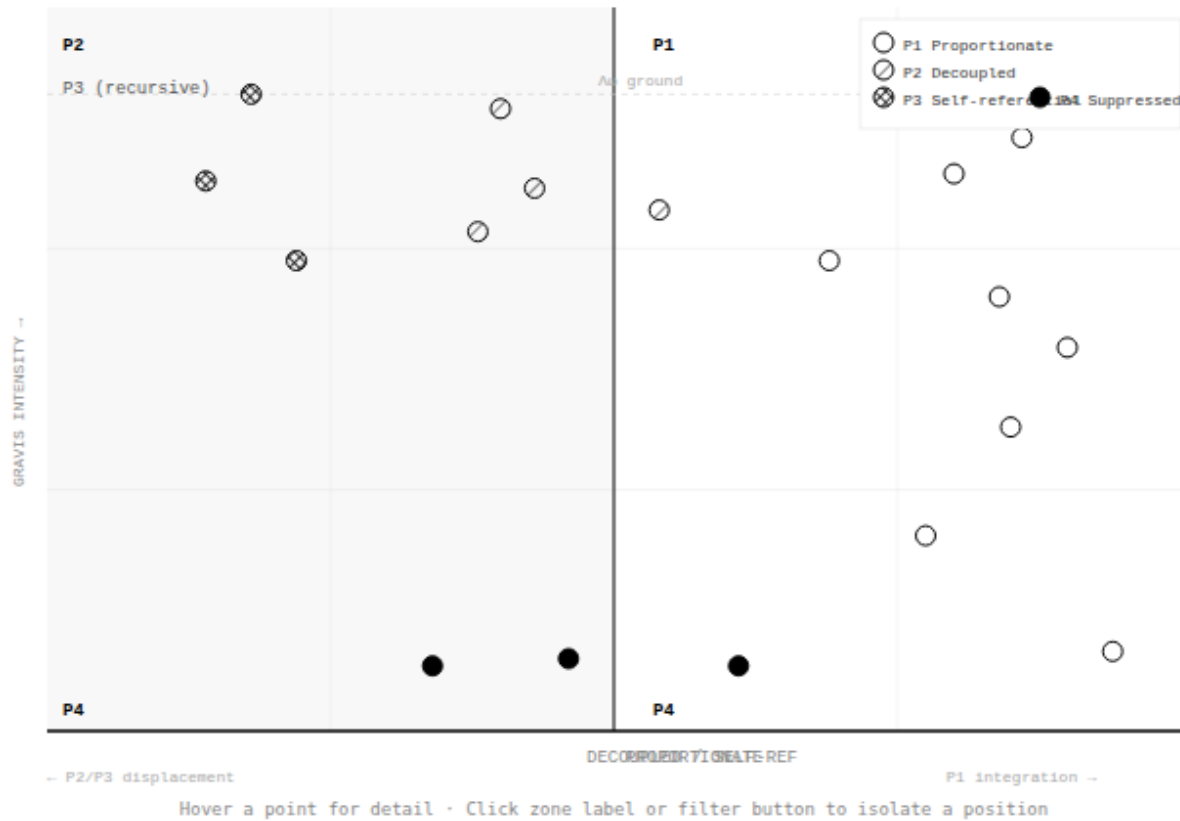
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P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed



Chronic Stress

P2 - Decoupled

GRAVIS accumulating beyond integration capacity. Referent partially coupled but system overloaded; borderline decoupling.

POSITION CONTEXT

P2 - Decoupled

Signal without referent

THERAPEUTIC DIRECTION

Re-anchor the merimnaton to its original referent. Trace the displaced GRAVIS back to the unresolved superposition that generated it. Psychodynamic and trauma-informed approaches address this directly.

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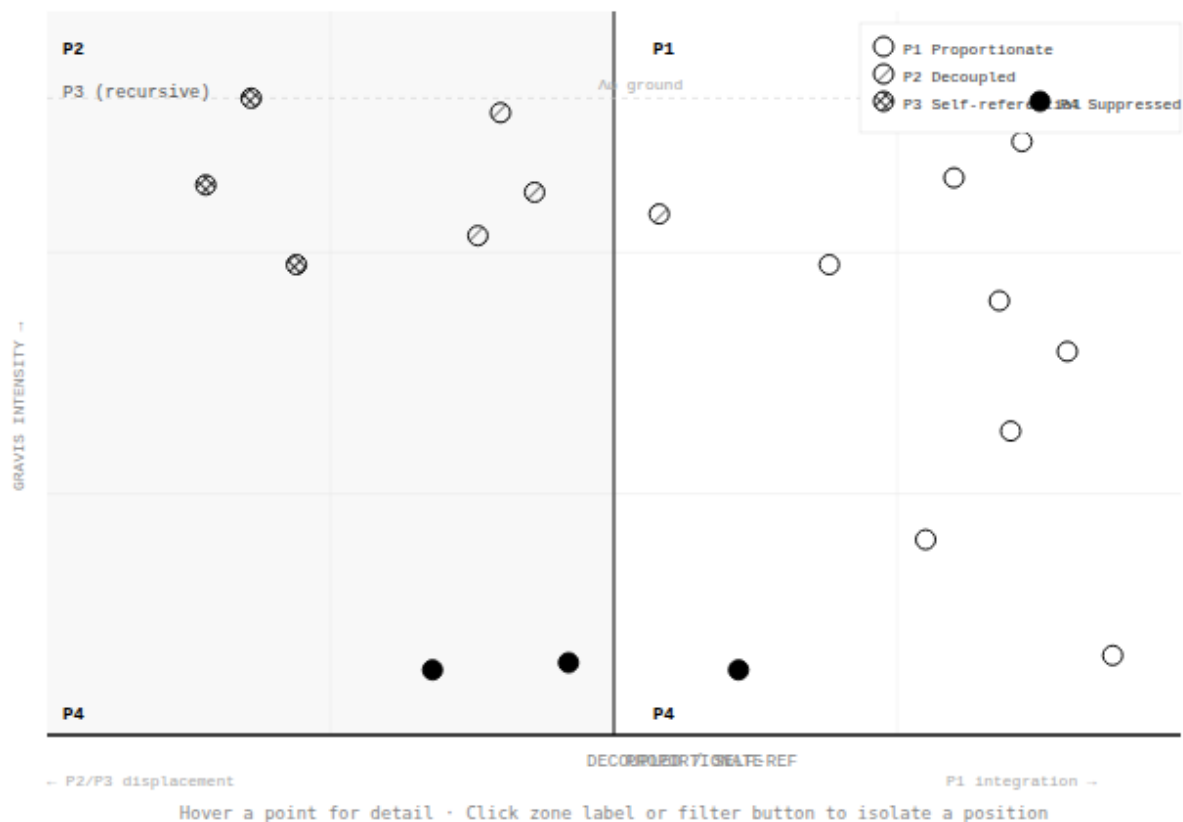
COLLECTIVE

P1 - Proportionate

P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed



GAD

P2 - Decoupled

Generalised Anxiety Disorder. Merimnaton active; referent diffused across multiple domains without a specific anchor.

POSITION CONTEXT

P2 - Decoupled

Signal without referent

THERAPEUTIC DIRECTION

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Trace the displaced GRAVIS back to the unresolved superposition that generated it.
Psychodynamic and trauma-informed approaches address this directly.*

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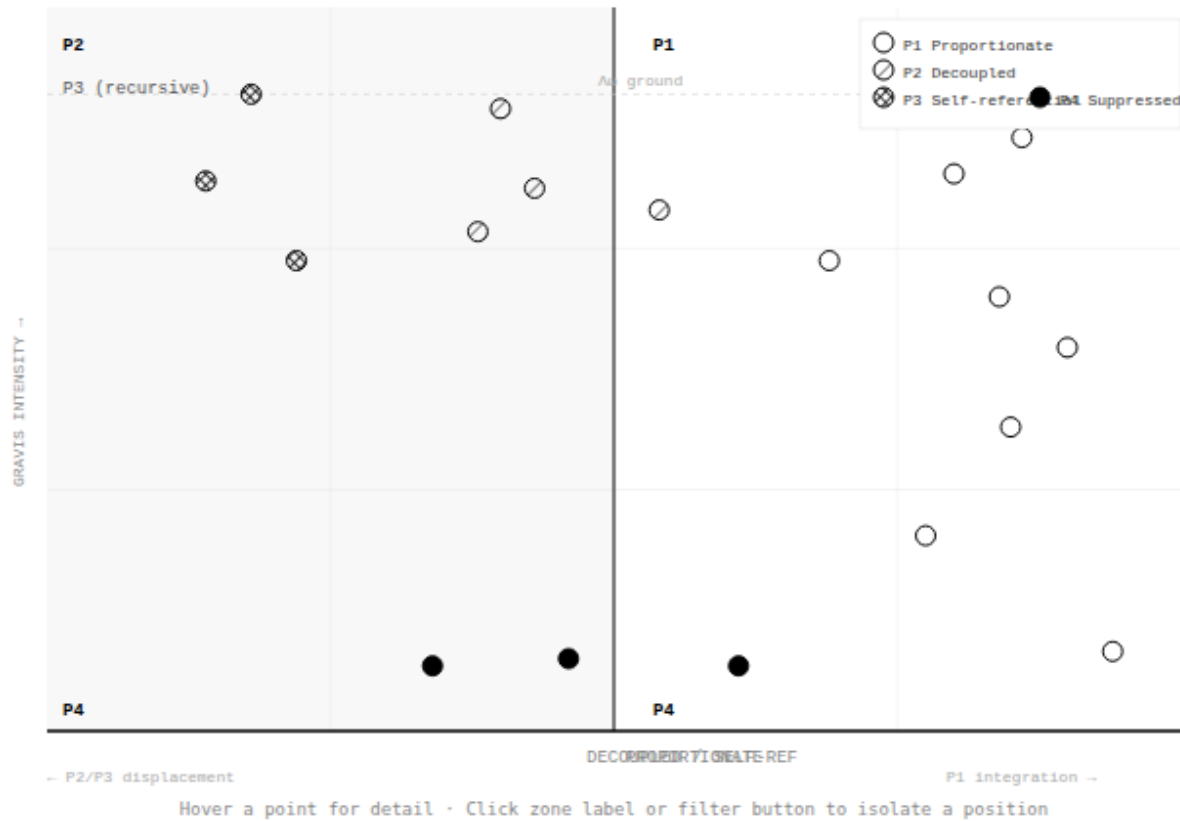
COLLECTIVE

P1 - Proportionate

P2 - Decoupled

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P4 - Suppressed



PTSD

P2 - Decoupled

Historical GRAVIS active in the present field.
Referent displaced — current triggers carry the weight of original unresolved events.

POSITION CONTEXT

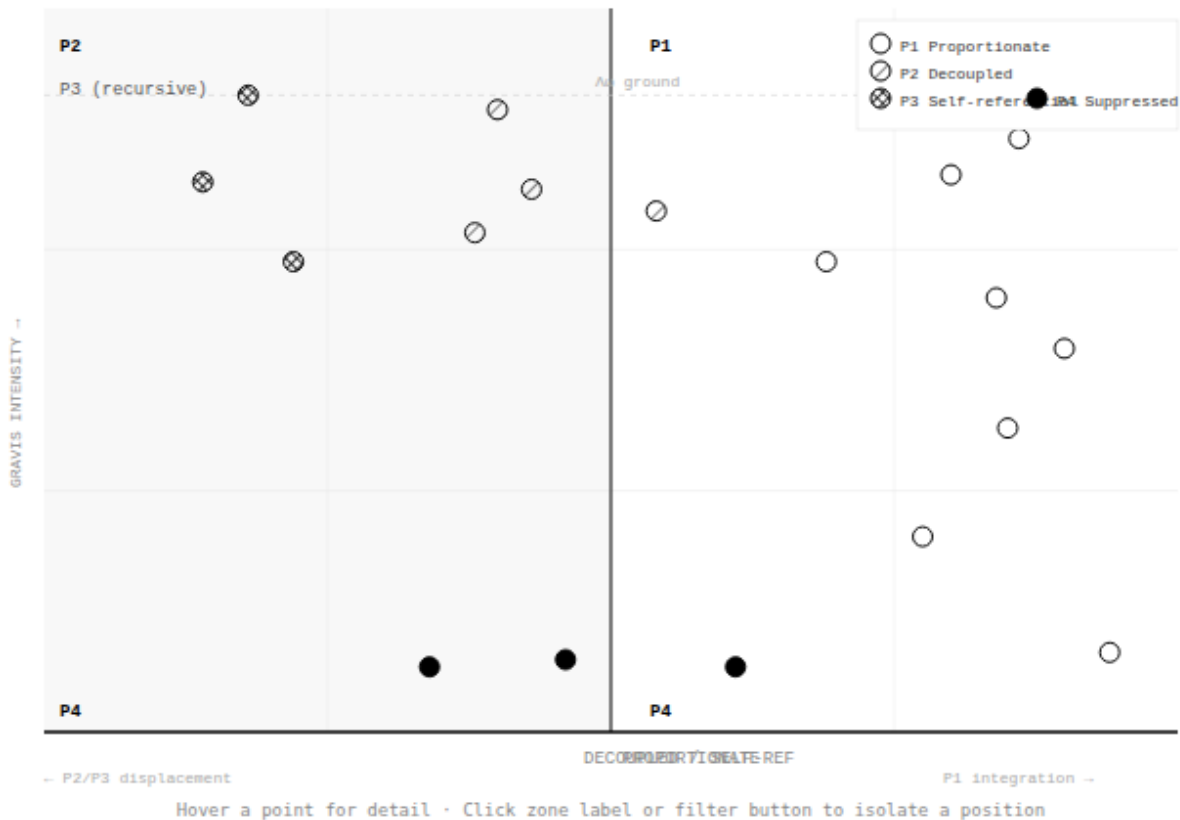
P2 - Decoupled

Signal without referent

THERAPEUTIC DIRECTION

*Re-anchor the merimnaton to its original referent.
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Phobia

P2 - Decoupled

Merimnaton highly active; referent collapsed to a substitute object. Weight grossly disproportionate to actual stakes of the object.

POSITION CONTEXT

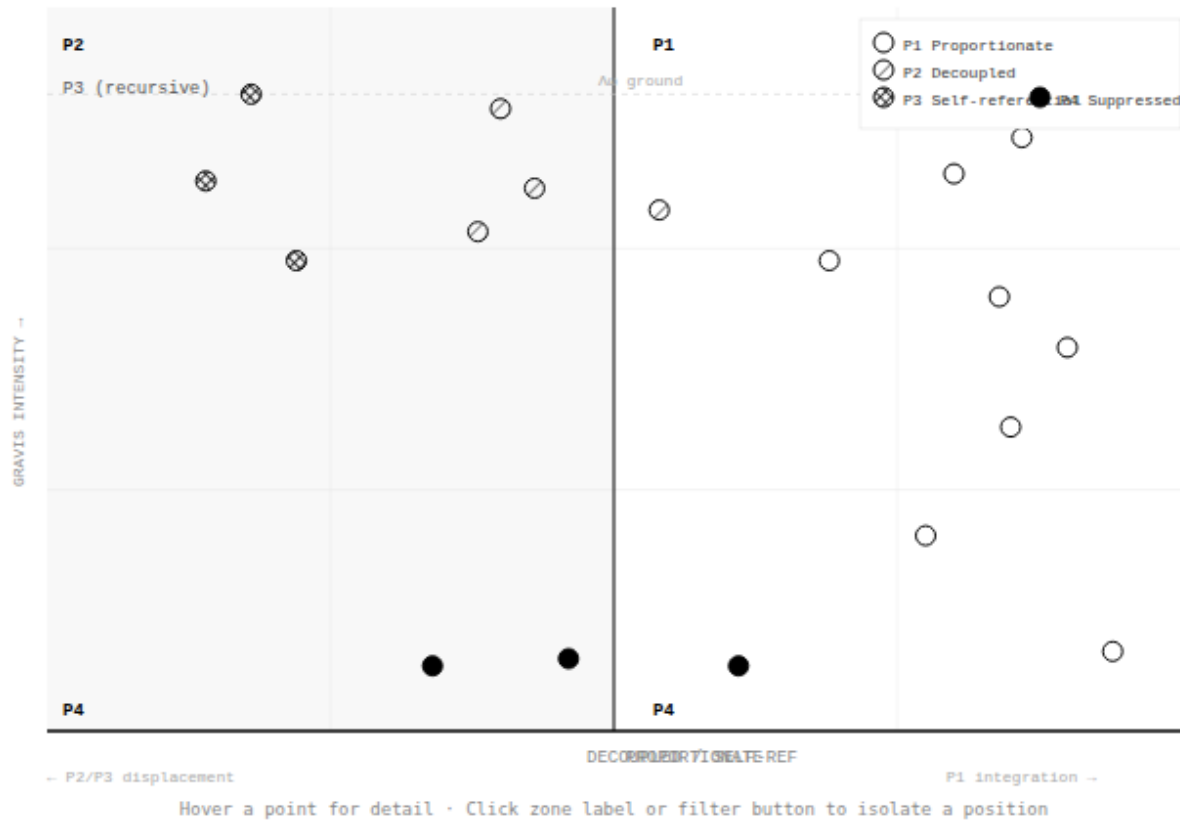
P2 - Decoupled

Signal without referent

THERAPEUTIC DIRECTION

- Re-anchor the merimnaton to its original referent.*
- Trace the displaced GRAVIS back to the unresolved superposition that generated it.*
- Psychodynamic and trauma-informed approaches address this directly.*

SUM NOTATION $M_2 = M_1 \times Q$ · GRAVIS = ontological weight of qualitative experience · $\Lambda\omega$ = love-constant, ground state of the Primaton field · Merimnaton = Primaton family member carrying μέριμνα (superposition-weight of freedom before choice) · $W(\tau)$ = modulation of qualitative time · Frederik Takkenberg, Toledo 2026 · sensible-universe.com



Panic Disorder

P3 - Self-Referential

Merimnaton turned self-referential. The bodily signals of anxiety become the referent of anxiety. Maximum GRAVIS accumulation per cycle.

POSITION CONTEXT

P3 - Self-Referential

Anxiety about anxiety

THERAPEUTIC DIRECTION

Dismantle the secondary fear layer before approaching the primary merimnaton.

Interoceptive exposure (panic disorder), ACT defusion — restoring the merimnaton to first-order function: carrier of freedom, not harbinger of catastrophe.

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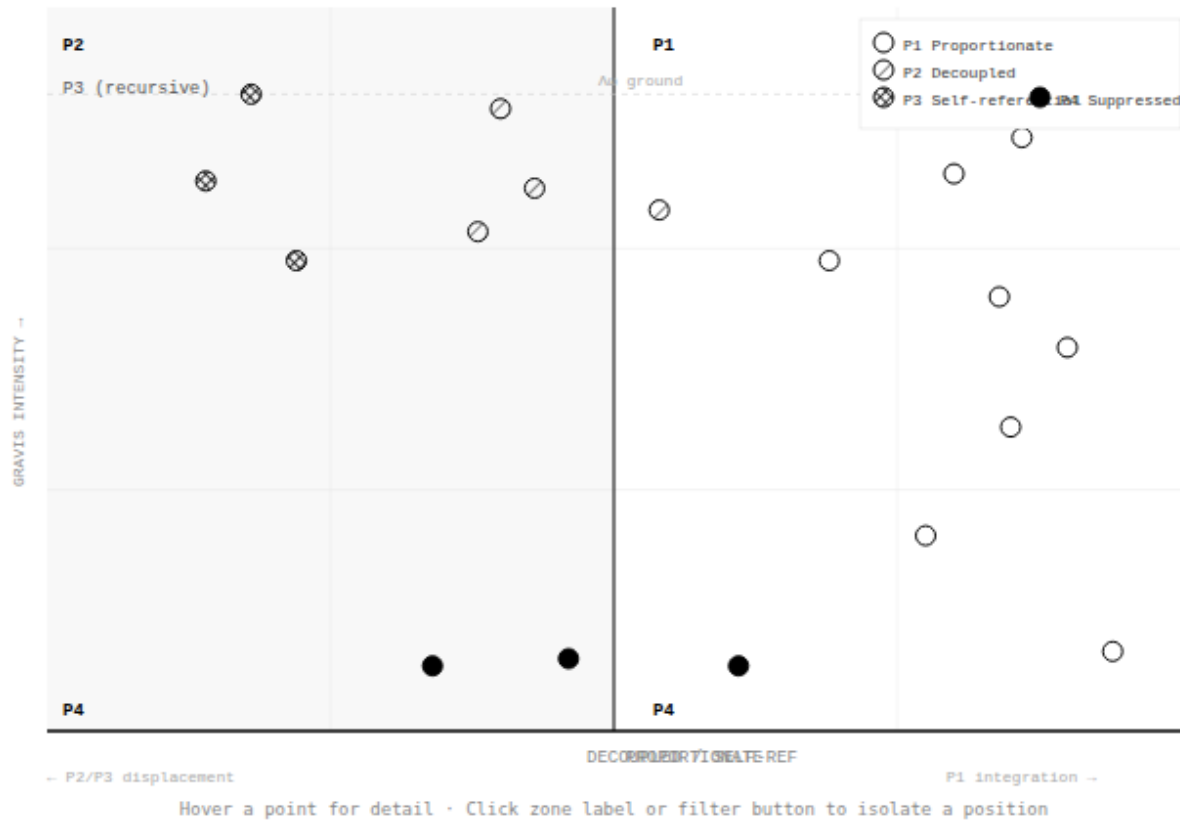
COLLECTIVE

P1 - Proportionate

P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed



Health Anxiety

P3 - Self-Referential

Merimnaton attached to body signals as proxy for mortality anxiety. Second-order fear: anxious about being ill with anxiety.

POSITION CONTEXT

P3 - Self-Referential

Anxiety about anxiety

THERAPEUTIC DIRECTION

Dismantle the secondary fear layer before approaching the primary merimnaton.

Interoceptive exposure (panic disorder), ACT defusion — restoring the merimnaton to first-order function: carrier of freedom, not harbinger of catastrophe.

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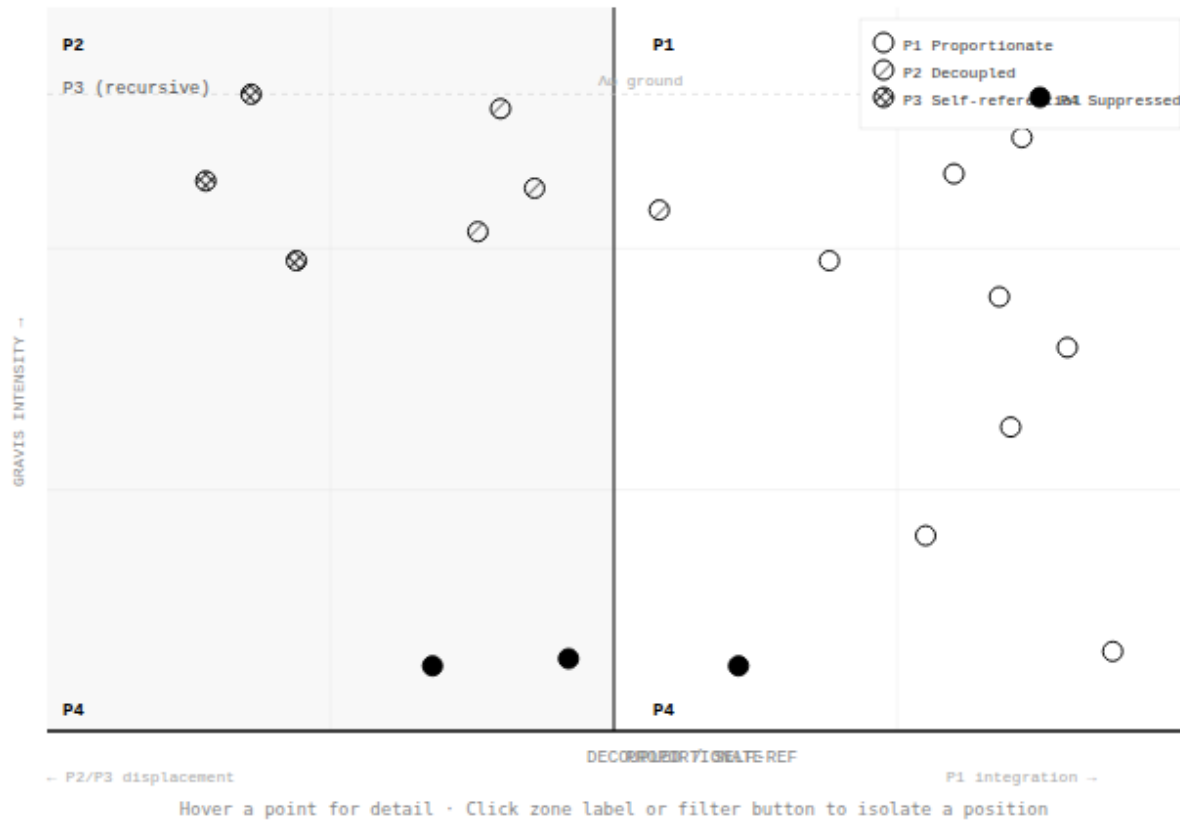
COLLECTIVE

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P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed



Rumination

P3 - Self-Referential

Qualitative field generating GRAVIS about its own qualitative content. Thought observing thought anxiously, without discharge mechanism.

POSITION CONTEXT

P3 - Self-Referential

Anxiety about anxiety

THERAPEUTIC DIRECTION

Dismantle the secondary fear layer before approaching the primary merimnaton.

Interoceptive exposure (panic disorder), ACT defusion — restoring the merimnaton to first-order function: carrier of freedom, not harbinger of catastrophe.

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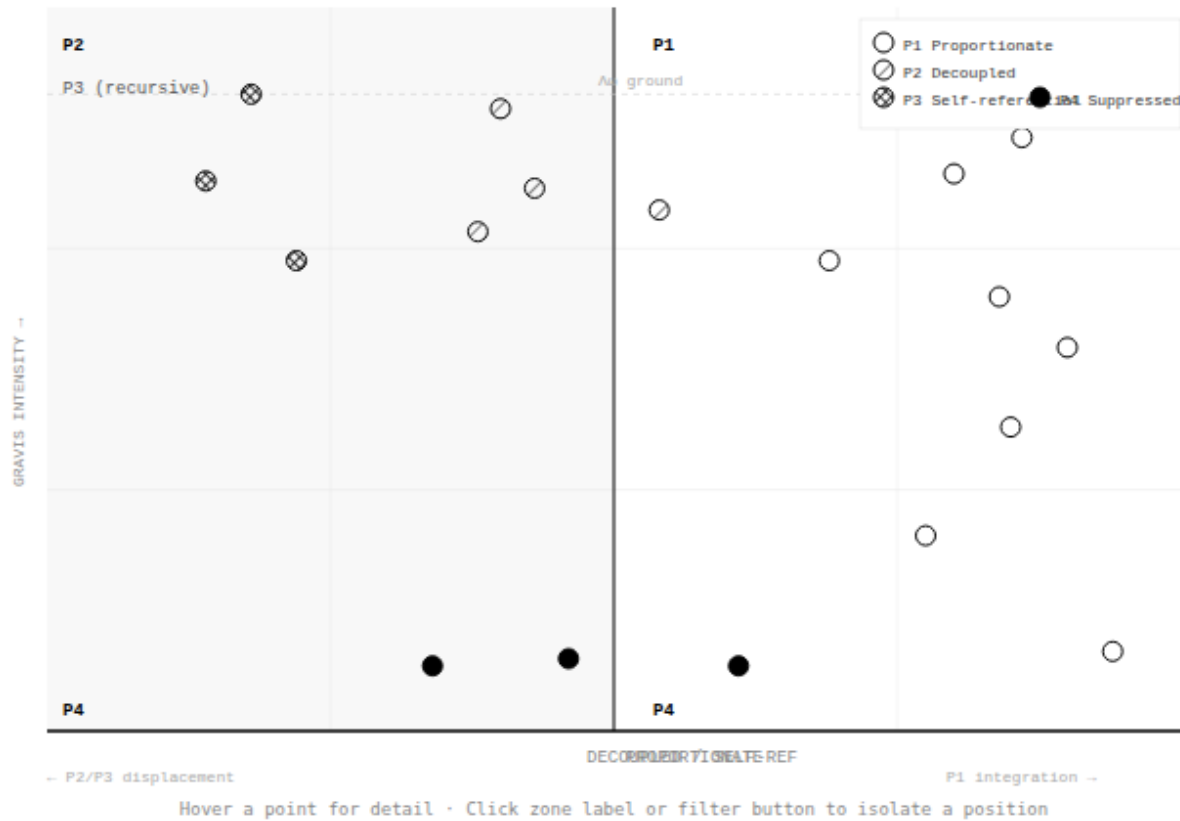
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P3 - Self-Referential

P4 - Suppressed



Burnout

P4 - Suppressed

Post-exhaustion suppression. Field flattened after sustained overload. Not absence of GRAVIS — compression of a previously maximal load.

POSITION CONTEXT

P4 - Suppressed

Field below activation threshold

THERAPEUTIC DIRECTION

Careful, supported reactivation of the merimnaton field. The GRAVIS that emerges upon reactivation is not a treatment failure — it is the beginning of integration. The field that re-opens will surface the weight that was compressed.

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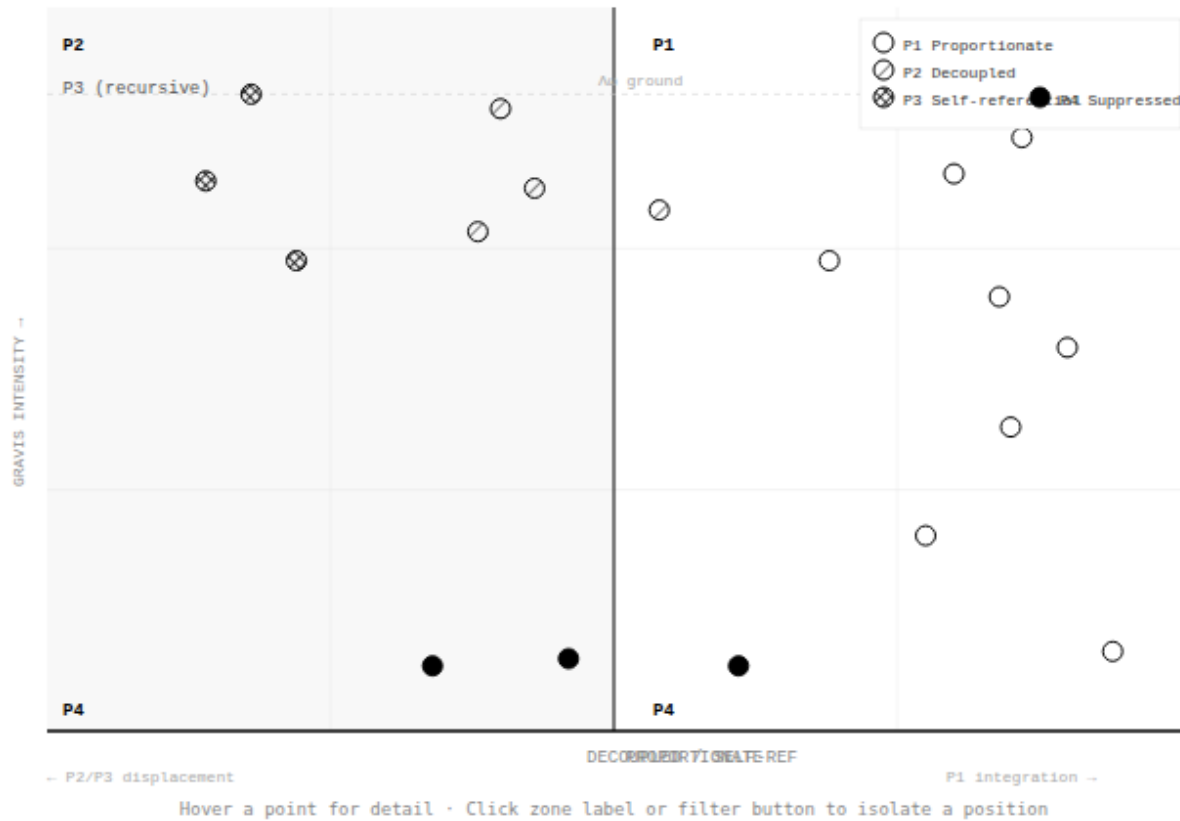
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P4 - Suppressed



Alexithymia

P4 - Suppressed

Field below activation threshold. Inability to access qualitative self-authorship. Merimnaton absent — freedom not registered as felt.

POSITION CONTEXT

P4 - Suppressed

Field below activation threshold

THERAPEUTIC DIRECTION

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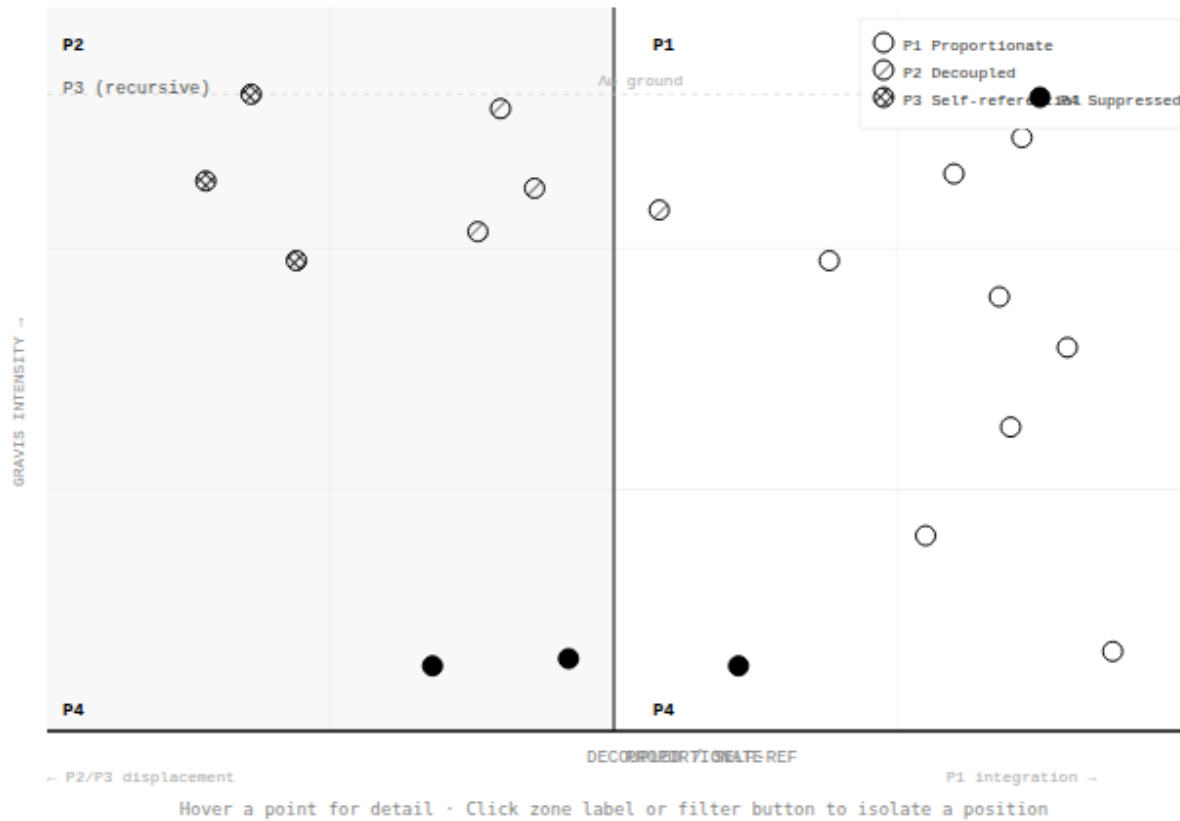
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P4 - Suppressed



Flat Affect

P4 - Suppressed

Pharmacological or conditioned suppression of the qualitative field. Apparent calm that represents compression, not integration.

POSITION CONTEXT

P4 - Suppressed

Field below activation threshold

THERAPEUTIC DIRECTION

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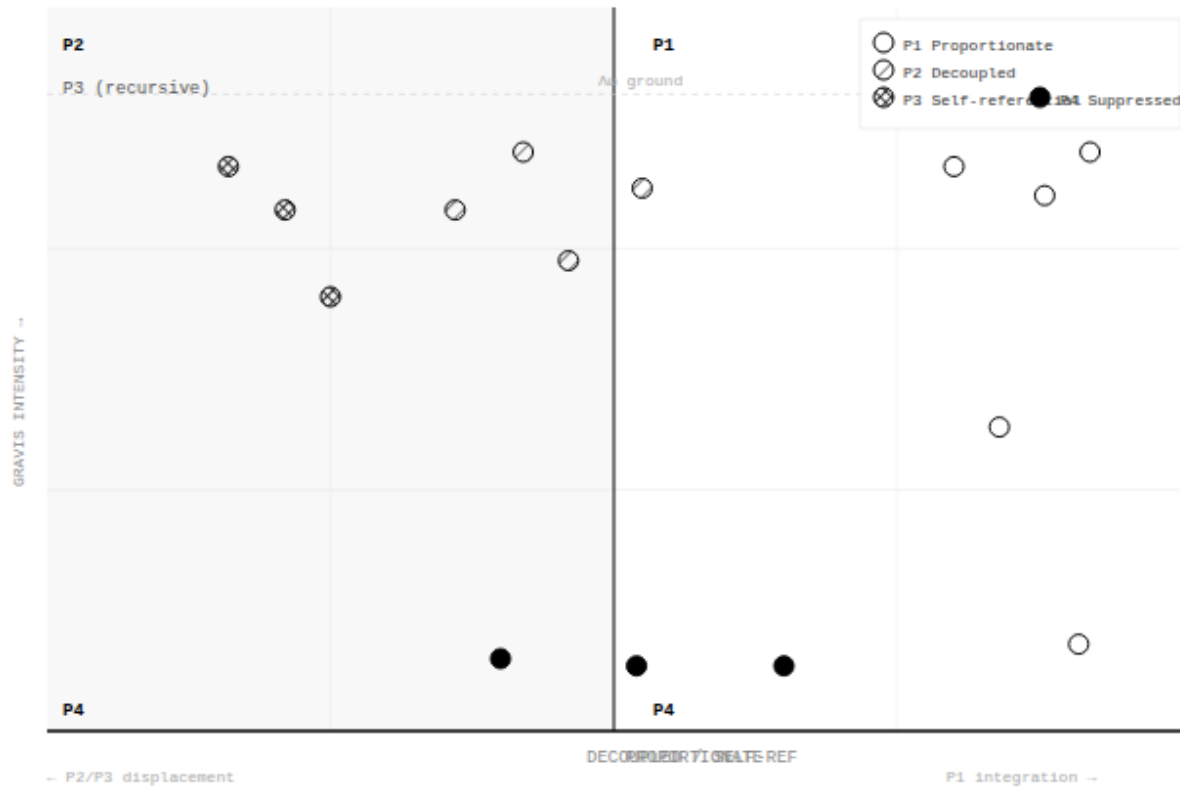
COLLECTIVE

P1 - Proportionate

P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed



Hover a point for detail · Click zone label or filter button to isolate a position

THE FOUR POSITIONS

- P1 – Proportionate**
Signal calibrated to genuine stakes
- P2 – Decoupled**
Signal without referent
- P3 – Self-Referential**
Anxiety about anxiety
- P4 – Suppressed**
Field below activation threshold

Hover any dot to inspect a state.
Click a zone or filter button to focus a position.

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P1 - Proportionate

P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed

CLEAR



P1 – Proportionate

Signal calibrated to genuine stakes

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THERAPEUTIC DIRECTION

Support genuine choice. Honour the freedom. Allow the merimnaton to complete its function — the superposition to collapse through a self-authored act.

STATES IN THIS POSITION

Fear (acute), Grief, Healthy Anxiety, Moral Seriousness, Courage, Confidence, Calm (integrated), Peace

SUM NOTATION $M_5 = M_4 \times Q$ · GRAVIS = ontological weight of qualitative experience · $\Lambda\omega$ = love-constant, ground state of the Primaton field · Merimnaton = Primaton family member carrying μέριμνα (superposition-weight of freedom before choice) · $W(\tau)$ = modulation of qualitative time · Frederik Takkenberg, Toledo 2026 · sensible-universe.com

PERSONAL

COLLECTIVE

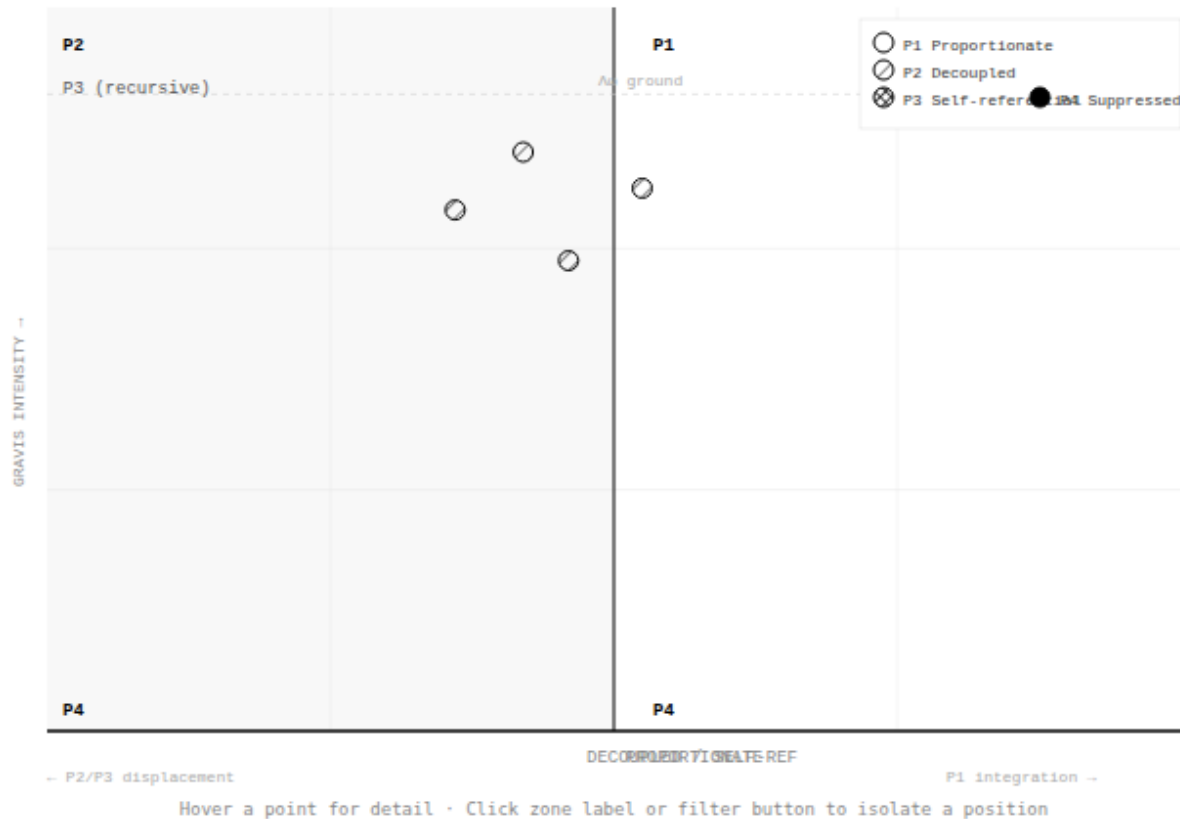
P1 - Proportionate

P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed

CLEAR



P2 – Decoupled

Signal without referent

The merimnaton is active at significant intensity, but the qualitative field has lost the original referent. The GRAVIS belongs to a historical superposition that was never resolved — often developmental, sometimes traumatic. The anxiety is displaced onto a substitute referent that does not genuinely warrant the weight it carries. The signal is real. The address is wrong.

THERAPEUTIC DIRECTION

Re-anchor the merimnaton to its original referent. Trace the displaced GRAVIS back to the unresolved superposition that generated it. Psychodynamic and trauma-informed approaches address this directly.

STATES IN THIS POSITION

GAD, Specific Phobia, PTSD, Social Anxiety Disorder, Chronic Stress, OCD (externally displaced)

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PERSONAL

COLLECTIVE

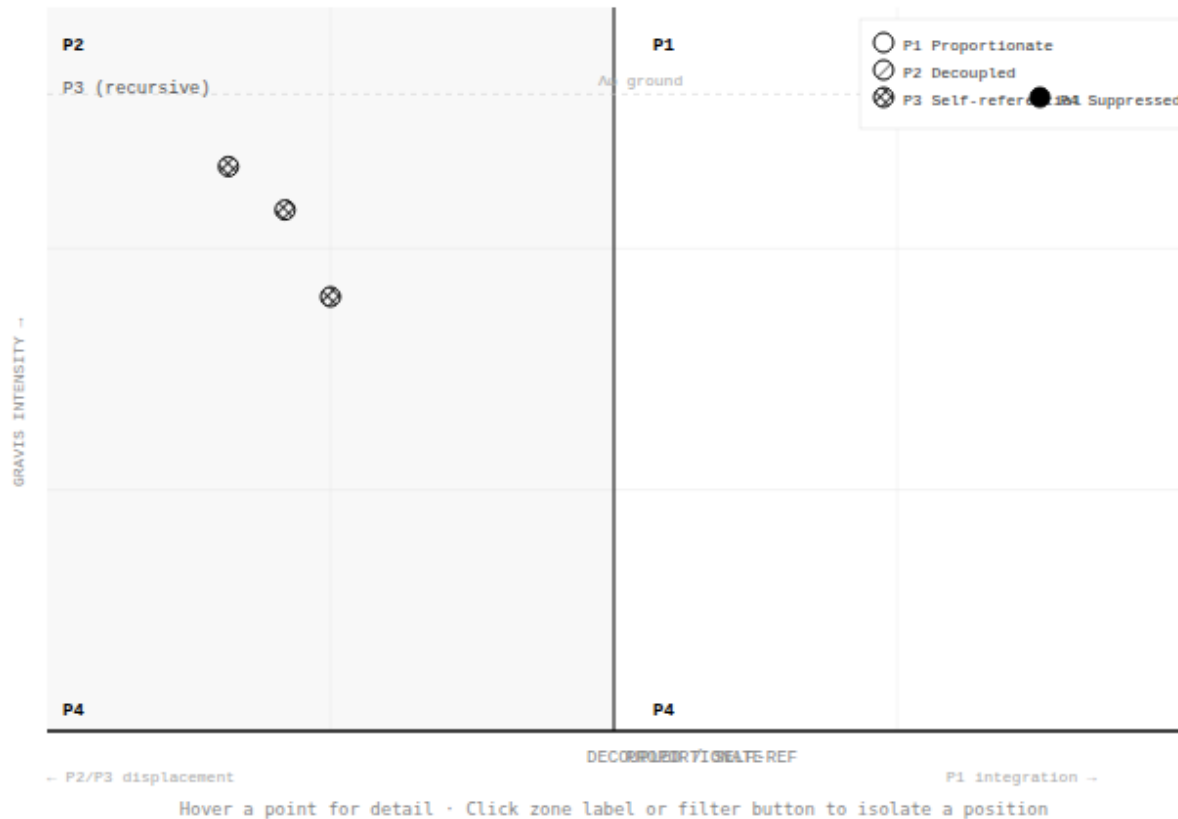
P1 - Proportionate

P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed

CLEAR



P3 – Self-Referential

Anxiety about anxiety

The merimnaton has turned on itself. The qualitative field generates GRAVIS about the merimnaton signal itself — the organism fears being afraid, and constructs an avoidance architecture around the experience of anxiety. Every avoidance attempt confirms the danger of the signal and compounds the load recursively. This is the highest GRAVIS-accumulating configuration: no cycle discharges, every cycle adds.

THERAPEUTIC DIRECTION

Dismantle the secondary fear layer before approaching the primary merimnaton.

Interoceptive exposure (panic disorder), ACT defusion — restoring the merimnaton to first-order function: carrier of freedom, not harbinger of catastrophe.

STATES IN THIS POSITION

Panic Disorder, Health Anxiety, Catastrophising, Rumination disorder, Existential dread loops

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PERSONAL

COLLECTIVE

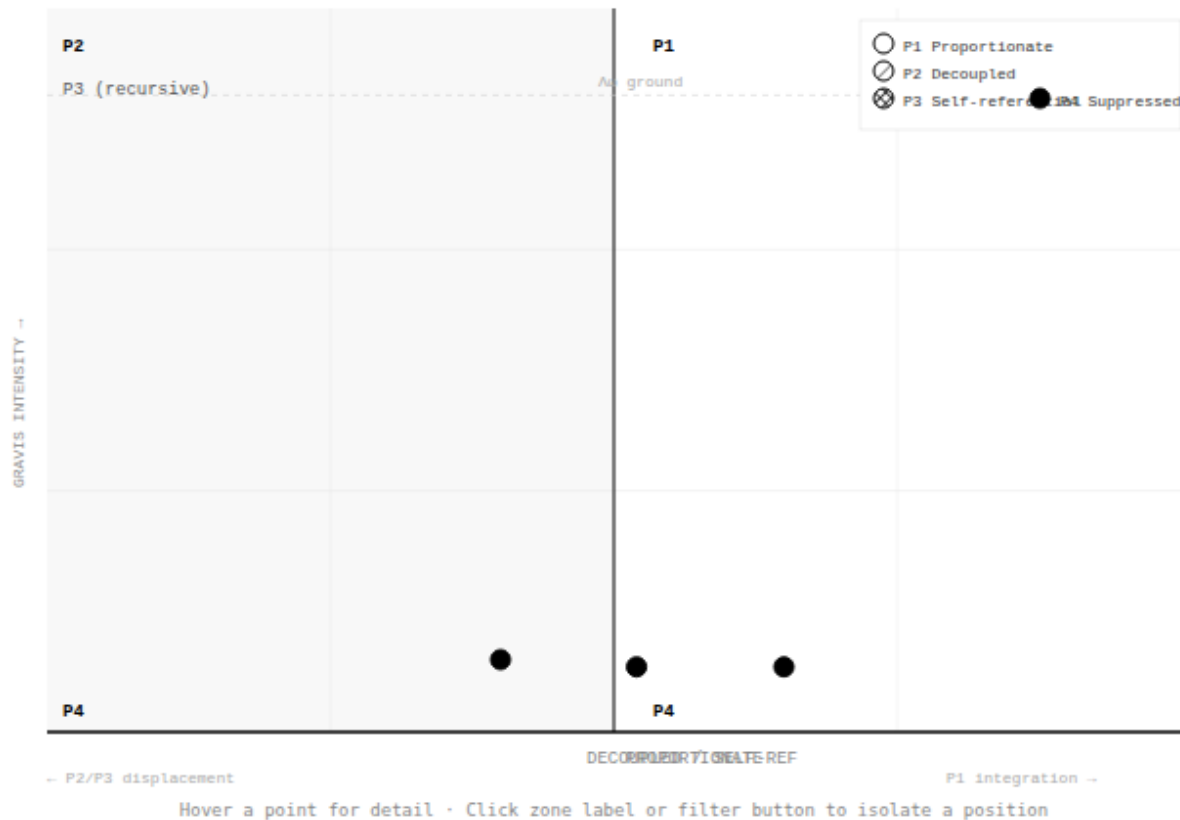
P1 - Proportionate

P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed

CLEAR



P4 – Suppressed

Field below activation threshold

The merimnaton field has been silenced below its activation threshold. Through chronic pharmacological management, early-life GRAVIS conditioning that made freedom unsafe, or habituated dissociation from qualitative self-authorship, the field no longer registers genuine stakes. The apparent calm is compression, not integration. What lies beneath is unprocessed GRAVIS accumulated before suppression began.

THERAPEUTIC DIRECTION

Careful, supported reactivation of the merimnaton field. The GRAVIS that emerges upon reactivation is not a treatment failure — it is the beginning of integration. The field that re-opens will surface the weight that was compressed.

STATES IN THIS POSITION

Alexithymia, Burnout (flatness phase), Pharmacological flat affect, Chronic dissociation, Social numbness

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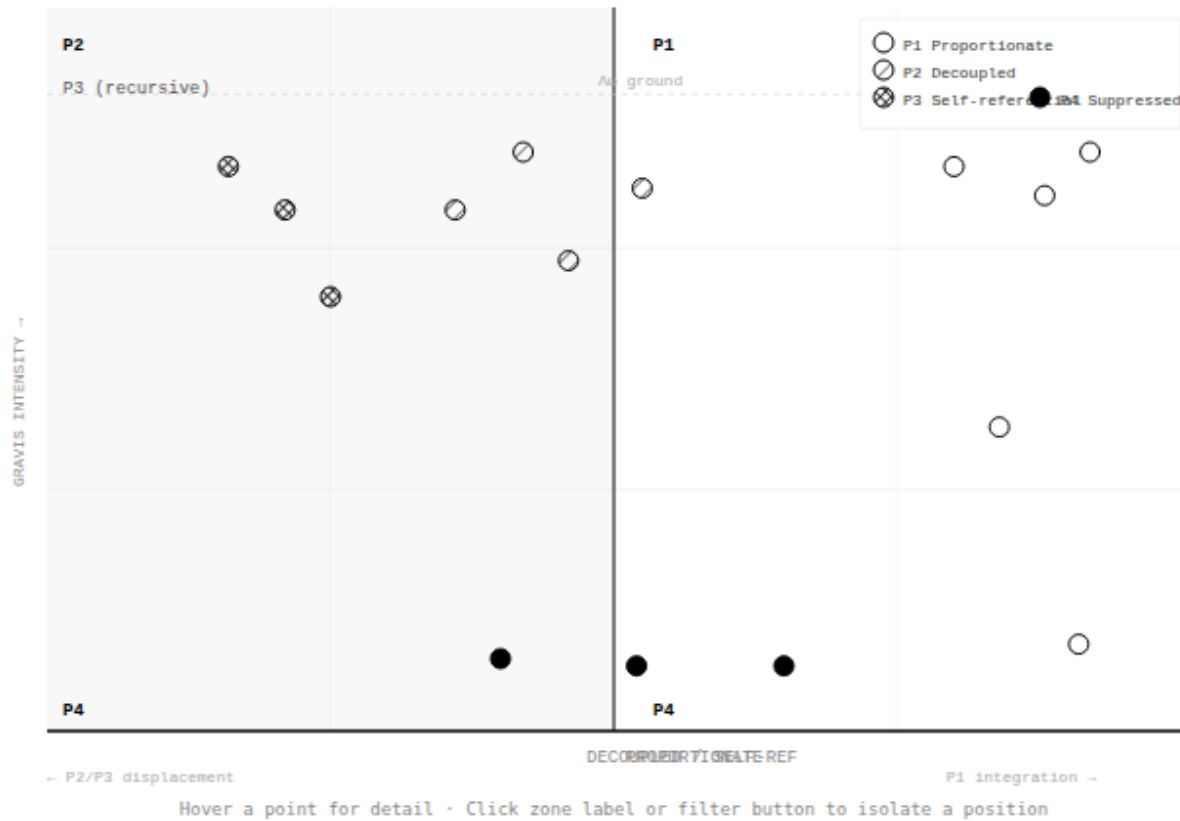
COLLECTIVE

P1 - Proportionate

P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed



Civic Courage

P1 - Proportionate

Collective merimnaton active at genuine civic stakes.
The community holding weight proportionate to what is genuinely at risk.

POSITION CONTEXT

P1 - Proportionate

Signal calibrated to genuine stakes

THERAPEUTIC DIRECTION

*Support genuine choice. Honour the freedom.
Allow the merimnaton to complete its function —
the superposition to collapse through a self-
authored act.*

SUM NOTATION $M_2 = M_1 \times Q$ · GRAVIS = ontological weight of qualitative experience · $\Lambda\omega$ = love-constant, ground state of the Primaton field · Merimnaton = Primaton family member carrying μέριμνα (superposition-weight of freedom before choice) · $W(\tau)$ = modulation of qualitative time · Frederik Takkenberg, Toledo 2026 · sensible-universe.com

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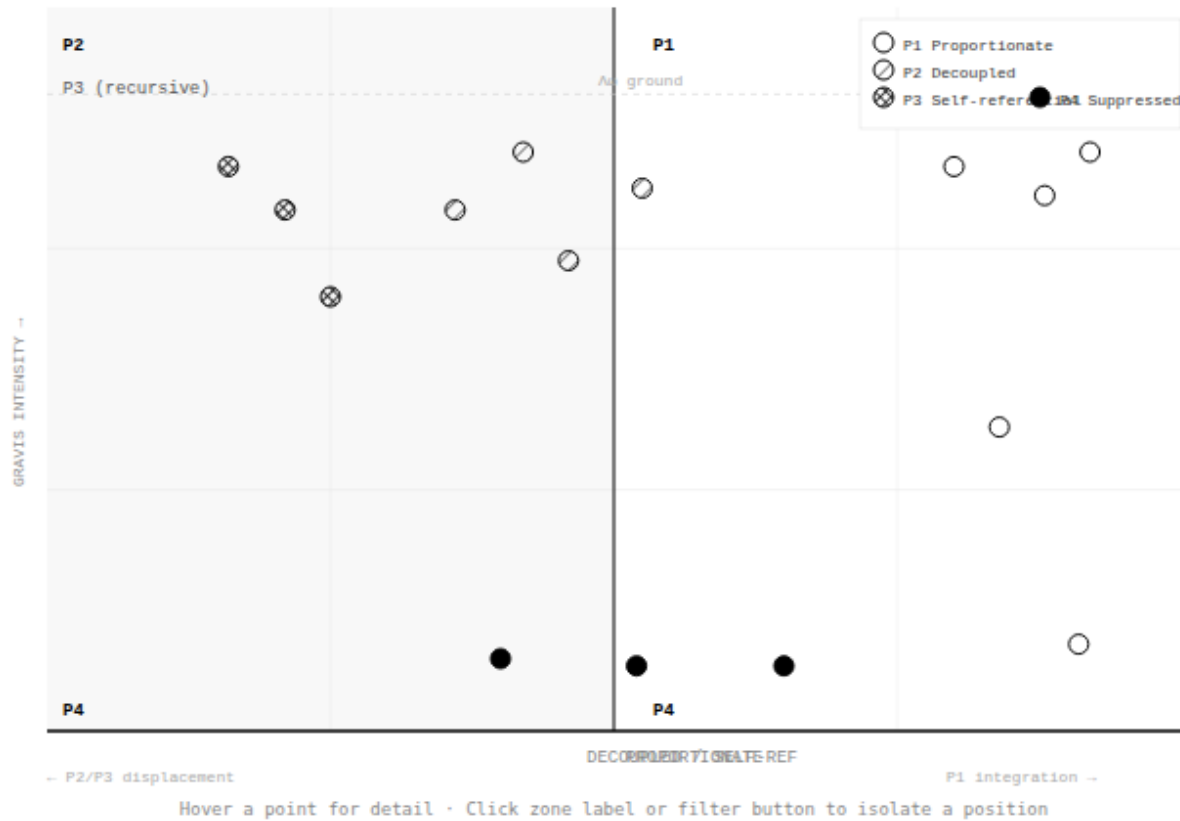
COLLECTIVE

P1 - Proportionate

P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed



Cultural Mourning

P1 - Proportionate

Proportionate collective GRAVIS after genuine loss of persons, traditions, or shared meaning that was real.

POSITION CONTEXT

P1 - Proportionate

Signal calibrated to genuine stakes

THERAPEUTIC DIRECTION

Support genuine choice. Honour the freedom.

Allow the merimaton to complete its function — the superposition to collapse through a self-authored act.

SUM NOTATION $M_s = M_a \times Q$ · GRAVIS = ontological weight of qualitative experience · $\Lambda\omega$ = love-constant, ground state of the Primaton field · Merimaton = Primaton family member carrying μέριμνα (superposition-weight of freedom before choice) · $W(\tau)$ = modulation of qualitative time · Frederik Takkenberg, Toledo 2026 · sensible-universe.com

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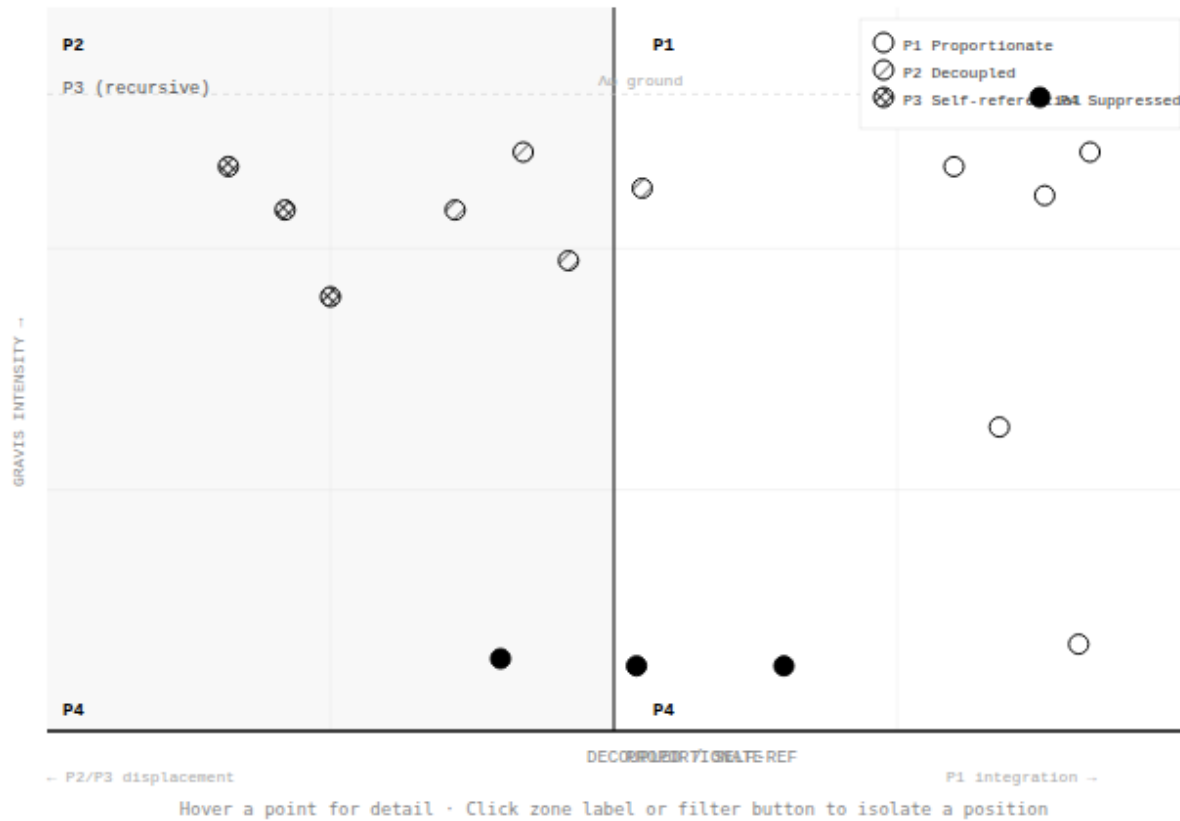
COLLECTIVE

P1 - Proportionate

P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed



Prophetic Urgency

P1 - Proportionate

Collective field registering genuine danger to genuine values. High activation, accurately coupled. Requires response, not suppression.

POSITION CONTEXT

P1 - Proportionate

Signal calibrated to genuine stakes

THERAPEUTIC DIRECTION

Support genuine choice. Honour the freedom.

Allow the merimaton to complete its function — the superposition to collapse through a self-authored act.

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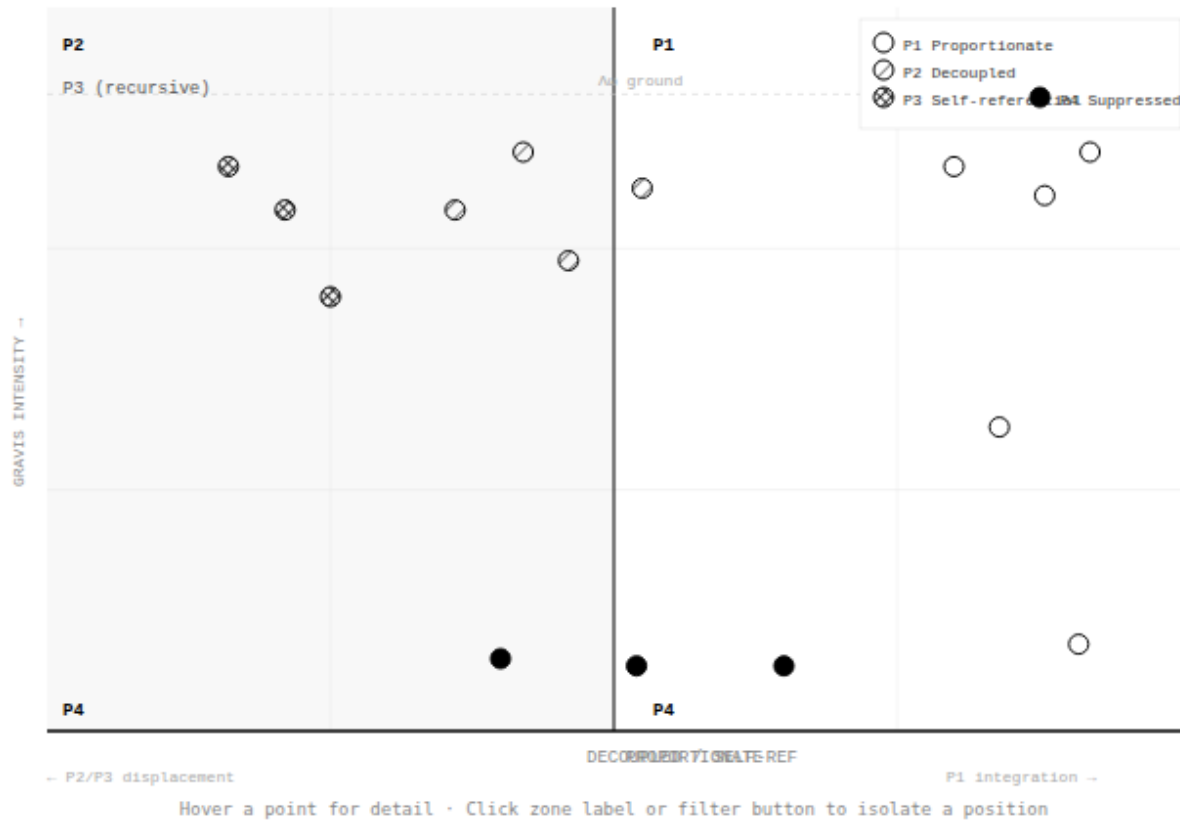
COLLECTIVE

P1 – Proportionate

P2 – Decoupled

P3 – Self-Referential

P4 – Suppressed



Cultural Vitality

P1 – Proportionate

Collective qualitative field engaged with genuine meaning-making. Moderate activation, proportionate, generative of shared identity.

POSITION CONTEXT

P1 – Proportionate

Signal calibrated to genuine stakes

THERAPEUTIC DIRECTION

*Support genuine choice. Honour the freedom.
Allow the merimaton to complete its function —
the superposition to collapse through a self-authored act.*

SUM NOTATION $M_s = M_a \times Q$ · GRAVIS = ontological weight of qualitative experience · $\Lambda\omega$ = love-constant, ground state of the Primaton field · Merimaton = Primaton family member carrying μέριμνα (superposition-weight of freedom before choice) · $W(\tau)$ = modulation of qualitative time · Frederik Takkenberg, Toledo 2026 · sensible-universe.com

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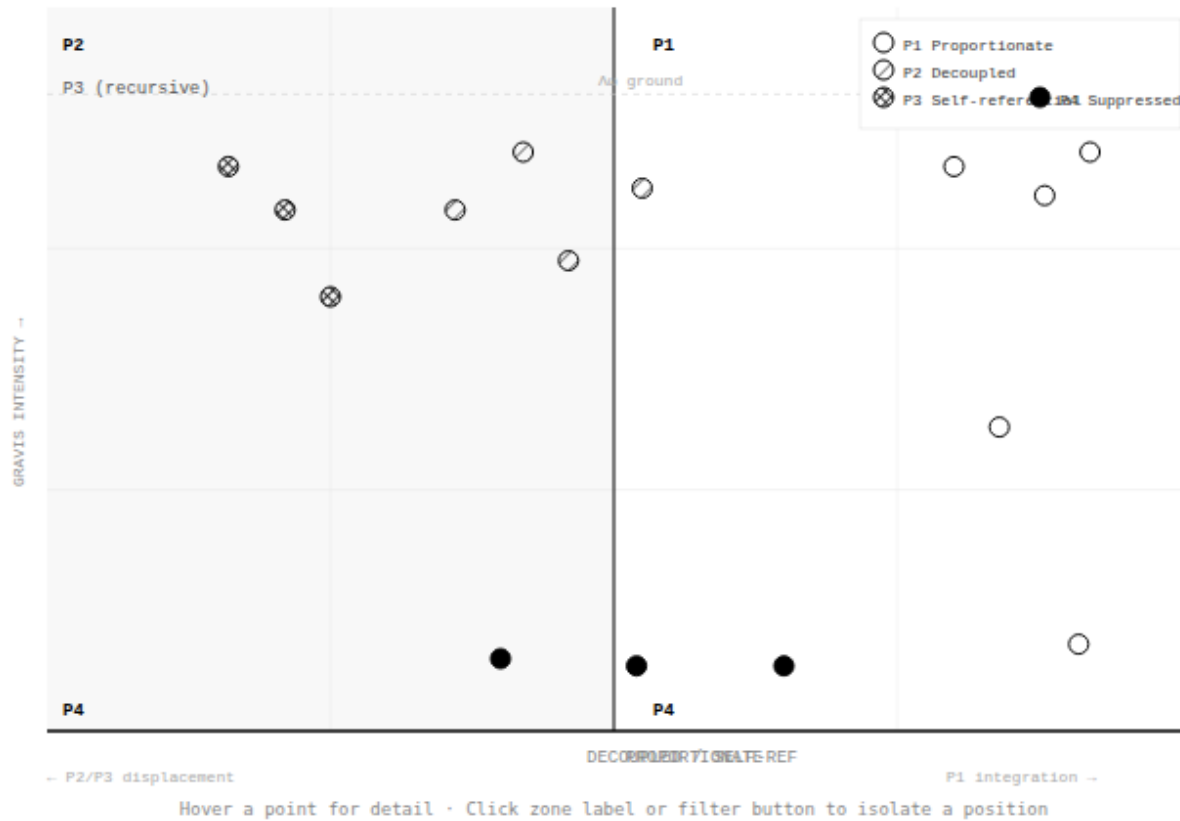
COLLECTIVE

P1 - Proportionate

P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed



Shared Peace

P1 - Proportionate

Collective $\Lambda\omega$ ground state. Community held in a ground that does not oscillate with its historical weight.

POSITION CONTEXT

P1 - Proportionate

Signal calibrated to genuine stakes

THERAPEUTIC DIRECTION

Support genuine choice. Honour the freedom.

Allow the merimaton to complete its function — the superposition to collapse through a self-authored act.

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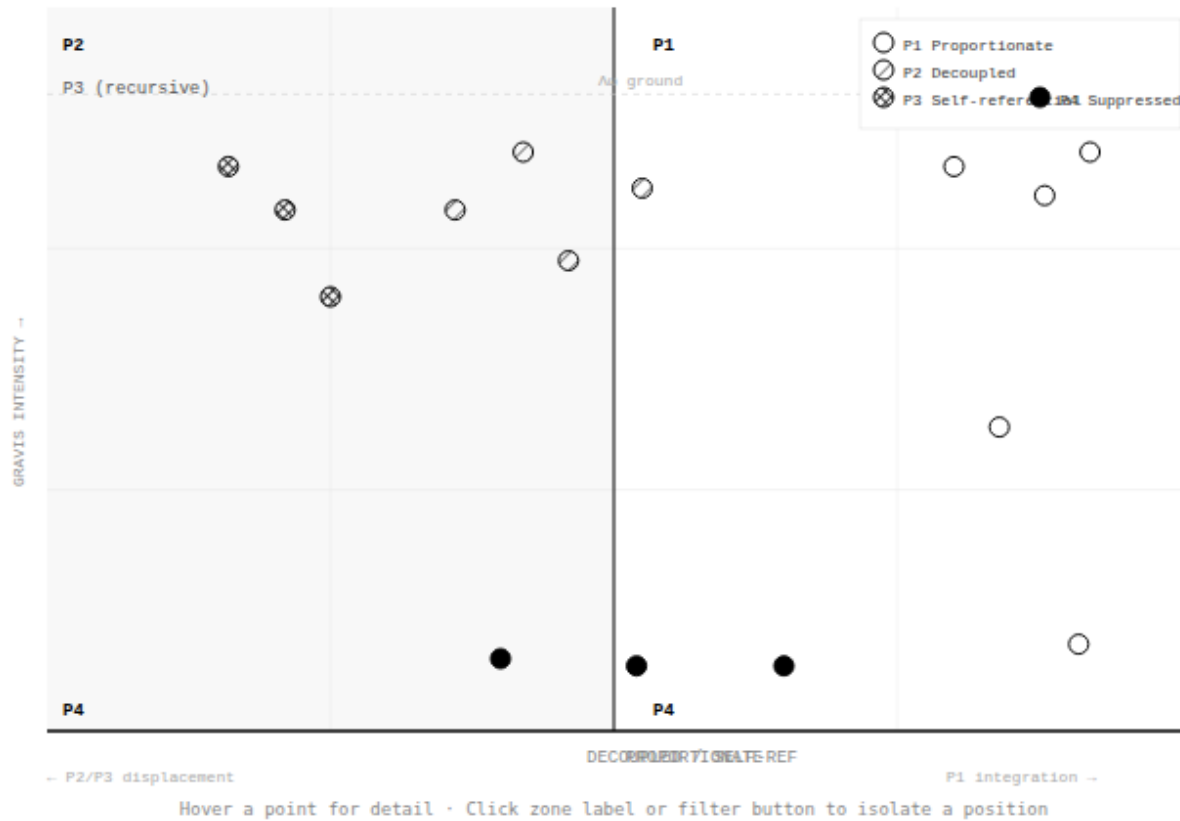
COLLECTIVE

P1 - Proportionate

P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed



Moral Panic

P2 - Decoupled

Collective anxiety displaced onto a substitute referent — a group, behaviour, or technology carrying weight it did not generate.

POSITION CONTEXT

P2 - Decoupled

Signal without referent

THERAPEUTIC DIRECTION

Re-anchor the merimnaton to its original referent.

Trace the displaced GRAVIS back to the unresolved superposition that generated it.

Psychodynamic and trauma-informed approaches address this directly.

SUM NOTATION $M_2 = M_1 \times Q$ · GRAVIS = ontological weight of qualitative experience · $\Lambda\omega$ = love-constant, ground state of the Primaton field · Merimnaton = Primaton family member carrying μέριμνα (superposition-weight of freedom before choice) · $W(\tau)$ = modulation of qualitative time · Frederik Takkenberg, Toledo 2026 · sensible-universe.com

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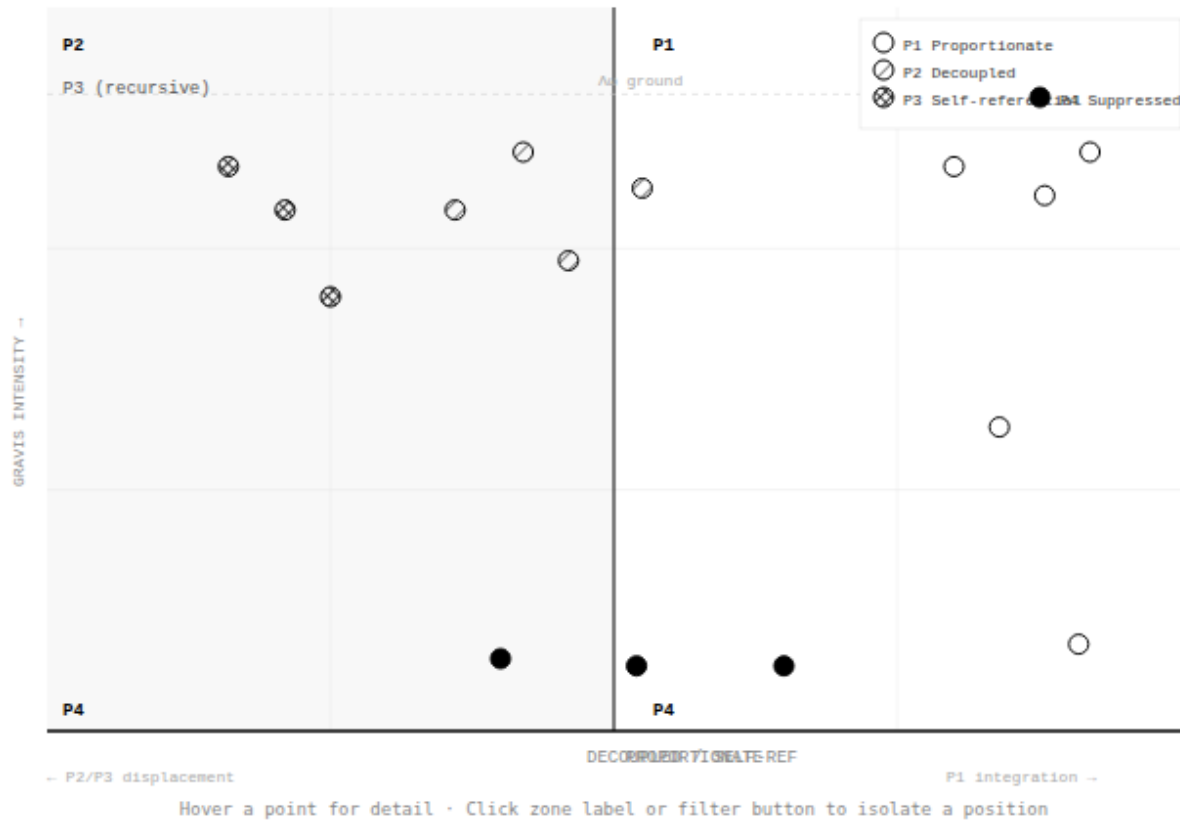
COLLECTIVE

P1 - Proportionate

P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed



Scapegoating

P2 - Decoupled

Collective GRAVIS projected outward onto a defined target. Referent decoupled from the actual source of existential weight.

POSITION CONTEXT

P2 - Decoupled

Signal without referent

THERAPEUTIC DIRECTION

Re-anchor the merimnaton to its original referent.

Trace the displaced GRAVIS back to the unresolved superposition that generated it.

Psychodynamic and trauma-informed approaches address this directly.

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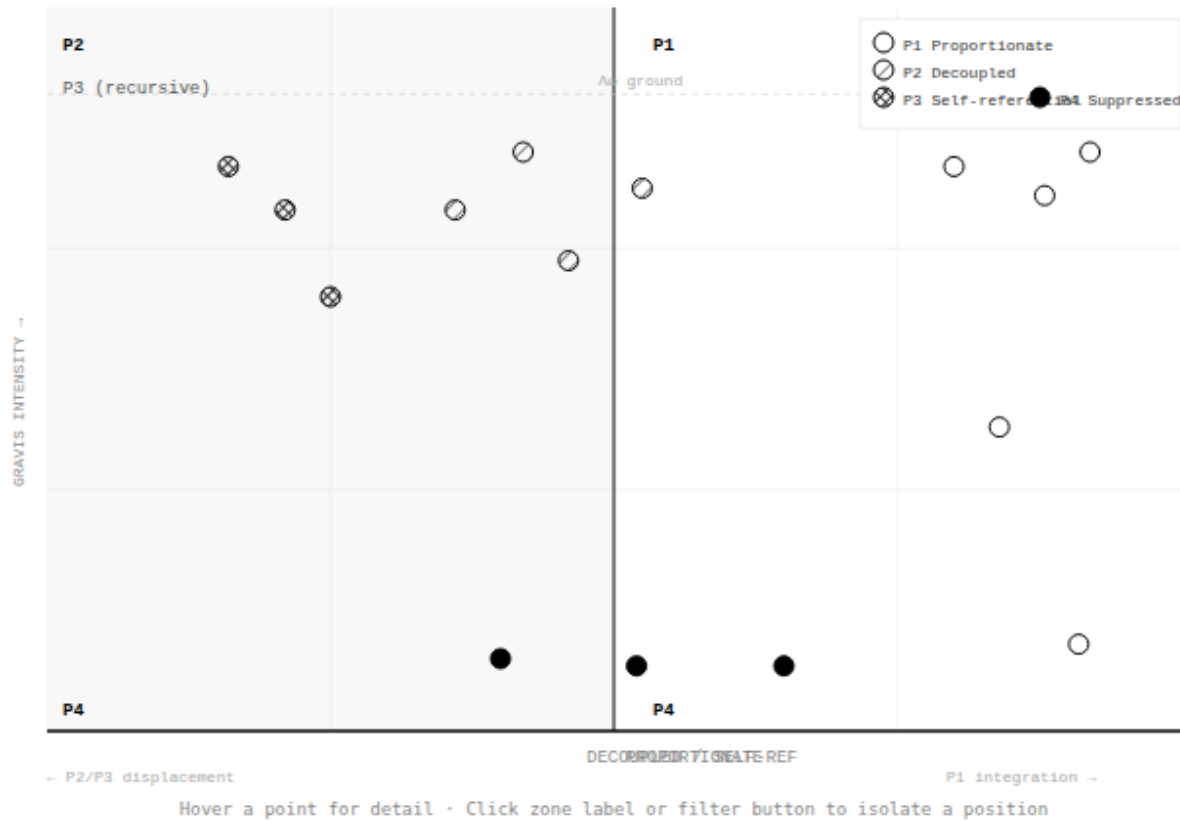
COLLECTIVE

P1 - Proportionate

P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed



Culture War

P2 - Decoupled

Genuine existential GRAVIS displaced onto proxy conflicts. Real civilisational stakes masked by substitute battlefields.

POSITION CONTEXT

P2 - Decoupled

Signal without referent

THERAPEUTIC DIRECTION

Re-anchor the merimnaton to its original referent.

Trace the displaced GRAVIS back to the unresolved superposition that generated it.

Psychodynamic and trauma-informed approaches address this directly.

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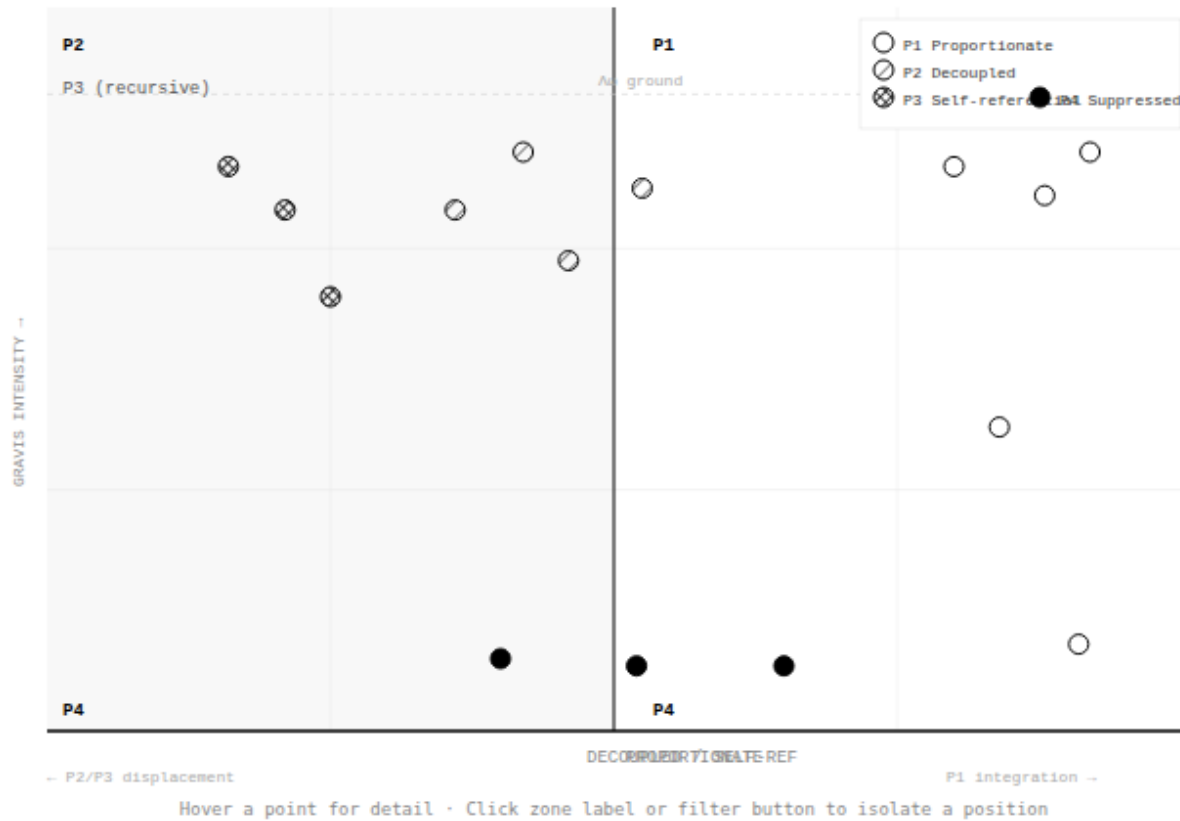
COLLECTIVE

P1 - Proportionate

P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed



Institutional Fear

P2 - Decoupled

Organisations in GRAVIS overload displacing accountability onto external causes. Real weight, wrong address.

POSITION CONTEXT

P2 - Decoupled

Signal without referent

THERAPEUTIC DIRECTION

Re-anchor the merimnaton to its original referent.

Trace the displaced GRAVIS back to the unresolved superposition that generated it.

Psychodynamic and trauma-informed approaches address this directly.

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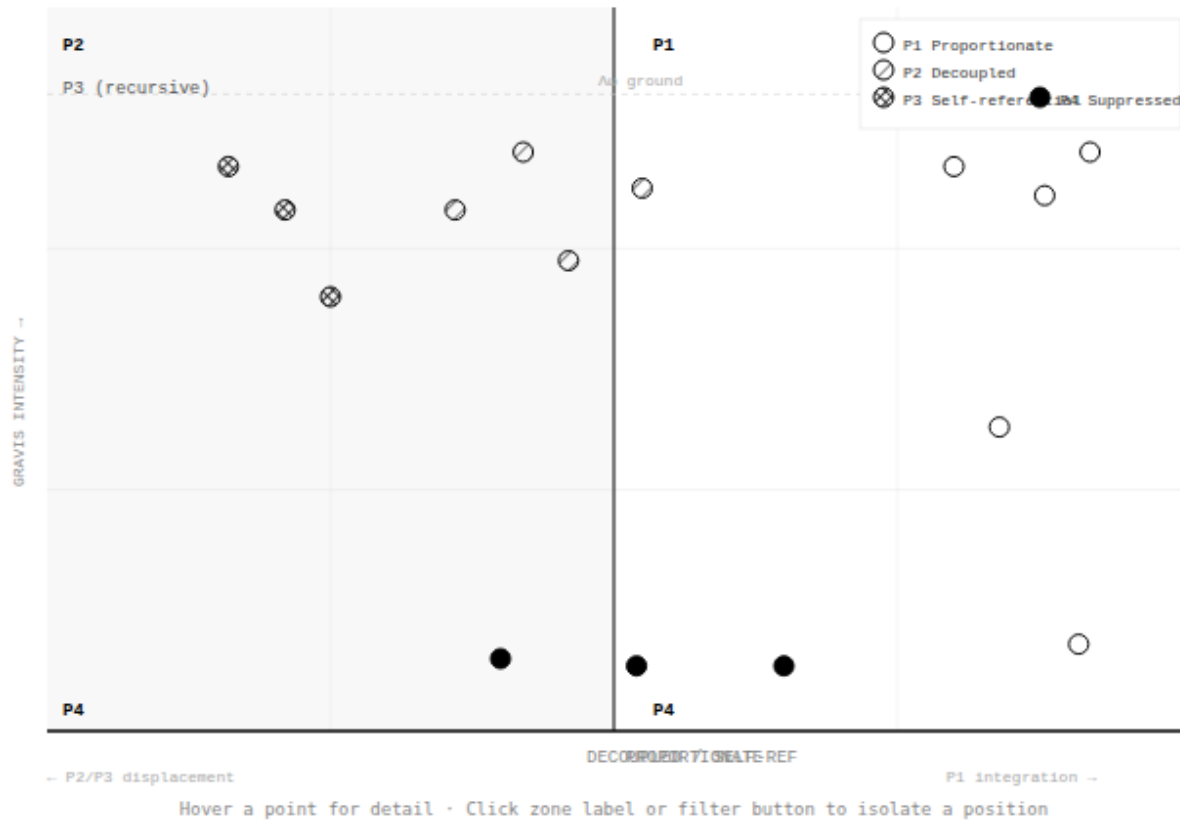
COLLECTIVE

P1 - Proportionate

P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed



Civilisational Dread

P3 - Self-Referential

Collective anxiety about collective anxiety. The culture generating GRAVIS about its own state of GRAVIS. Recursive and accumulating.

POSITION CONTEXT

P3 - Self-Referential

Anxiety about anxiety

THERAPEUTIC DIRECTION

Dismantle the secondary fear layer before approaching the primary merimnaton.

Interoceptive exposure (panic disorder), ACT defusion — restoring the merimnaton to first-order function: carrier of freedom, not harbinger of catastrophe.

SUM NOTATION $M_s = M_n \times Q$ · GRAVIS = ontological weight of qualitative experience · $\Lambda\omega$ = love-constant, ground state of the Primaton field · Merimnaton = Primaton family member carrying μέριμνα (superposition-weight of freedom before choice) · $W(\tau)$ = modulation of qualitative time · Frederik Takkenberg, Toledo 2026 · sensible-universe.com

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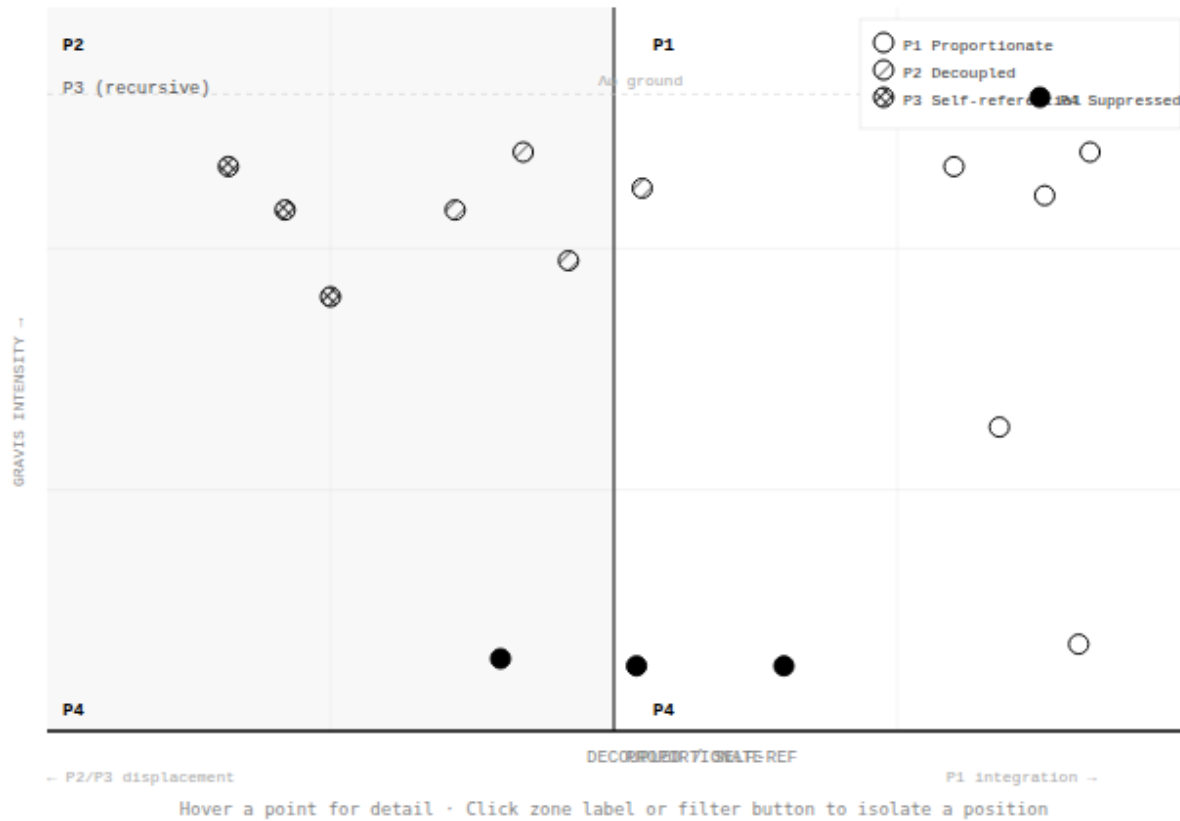
COLLECTIVE

P1 - Proportionate

P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed



Cancel Fear

P3 - Self-Referential

Social merimnaton turned self-referential: fear of being perceived as deviant for expressing the merimnaton.

POSITION CONTEXT

P3 - Self-Referential

Anxiety about anxiety

THERAPEUTIC DIRECTION

Dismantle the secondary fear layer before approaching the primary merimnaton.

Interoceptive exposure (panic disorder), ACT defusion — restoring the merimnaton to first-order function: carrier of freedom, not harbinger of catastrophe.

SUM NOTATION $M_s = M_n \times Q$ · GRAVIS = ontological weight of qualitative experience · $\Lambda\omega$ = love-constant, ground state of the Primaton field · Merimnaton = Primaton family member carrying μέριμνα (superposition-weight of freedom before choice) · $W(\tau)$ = modulation of qualitative time · Frederik Takkenberg, Toledo 2026 · sensible-universe.com

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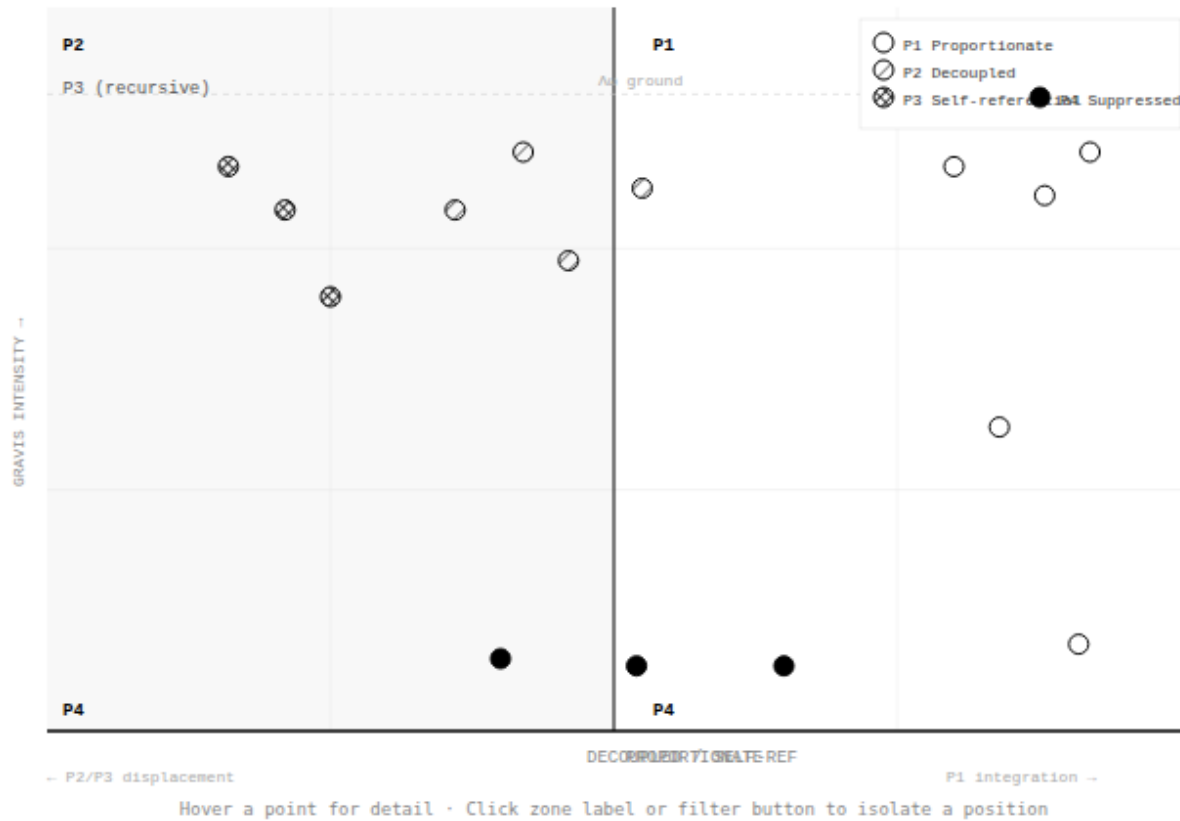
COLLECTIVE

P1 - Proportionate

P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed



Ideological Purity

P3 - Self-Referential

The in-group enforcing suppression of merimnaton expression. Collective self-referential loop.

POSITION CONTEXT

P3 - Self-Referential

Anxiety about anxiety

THERAPEUTIC DIRECTION

Dismantle the secondary fear layer before approaching the primary merimnaton.

Interoceptive exposure (panic disorder), ACT defusion — restoring the merimnaton to first-order function: carrier of freedom, not harbinger of catastrophe.

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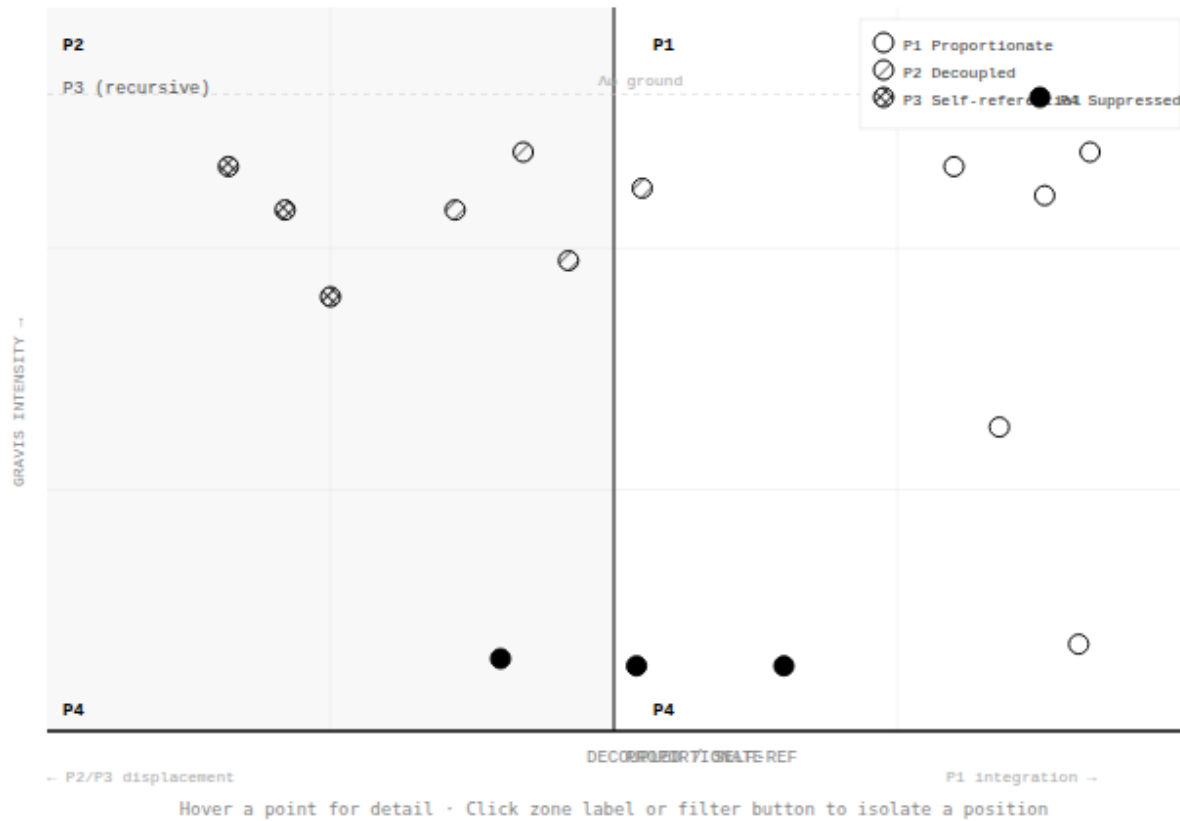
COLLECTIVE

P1 - Proportionate

P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed



Social Numbness

P4 - Suppressed

Collective suppression after GRAVIS overload. The society that has received so many signals it now registers none of them.

POSITION CONTEXT

P4 - Suppressed

Field below activation threshold
 THERAPEUTIC DIRECTION
Careful, supported reactivation of the merimnaton field. The GRAVIS that emerges upon reactivation is not a treatment failure — it is the beginning of integration. The field that re-opens will surface the weight that was compressed.

SUM NOTATION $M_s = M_n \times Q$ · GRAVIS = ontological weight of qualitative experience · $\Lambda\omega$ = love-constant, ground state of the Primaton field · Merimnaton = Primaton family member carrying μέριμνα (superposition-weight of freedom before choice) · $W(\tau)$ = modulation of qualitative time · Frederik Takkenberg, Toledo 2026 · sensible-universe.com

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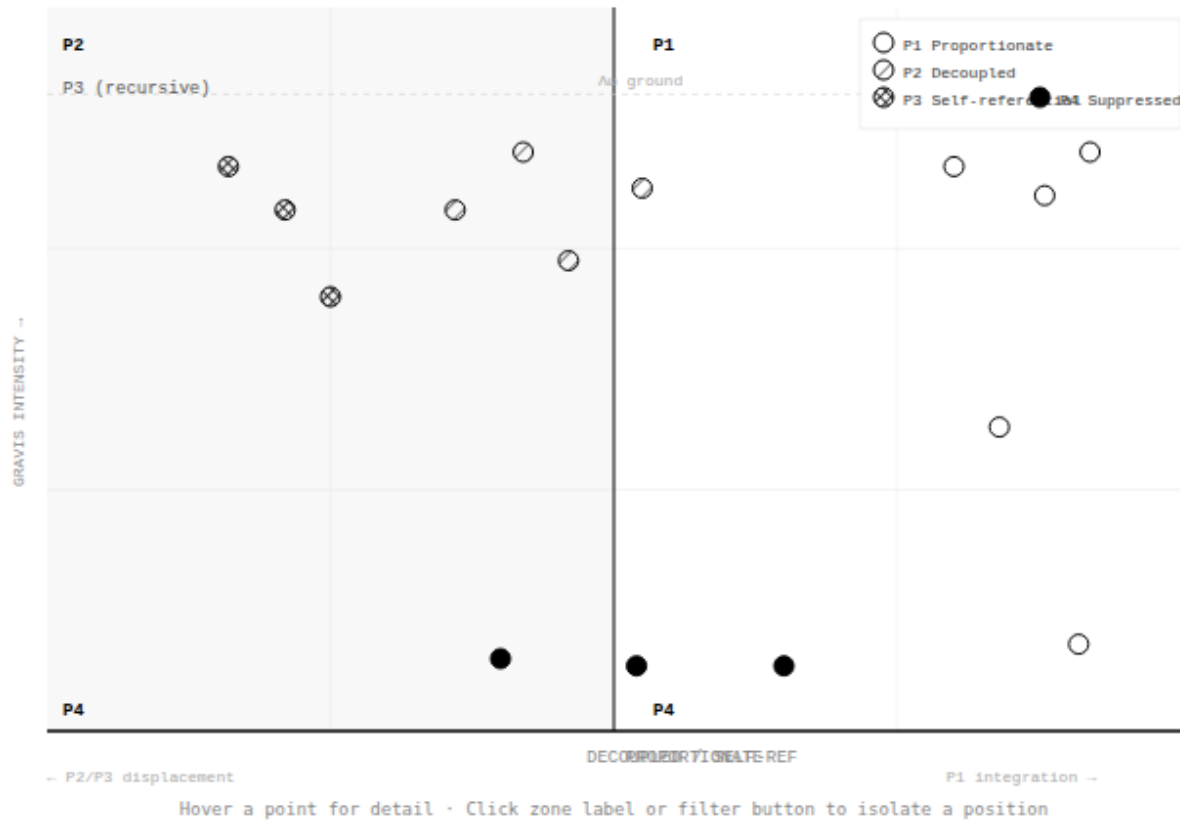
COLLECTIVE

P1 - Proportionate

P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed



Political Paralysis

P4 – Suppressed

Collective field below action threshold. Apparent equilibrium masking compressed historical weight.

POSITION CONTEXT

P4 – Suppressed

Field below activation threshold

THERAPEUTIC DIRECTION

Careful, supported reactivation of the merimnaton field. The GRAVIS that emerges upon reactivation is not a treatment failure — it is the beginning of integration. The field that re-opens will surface the weight that was compressed.

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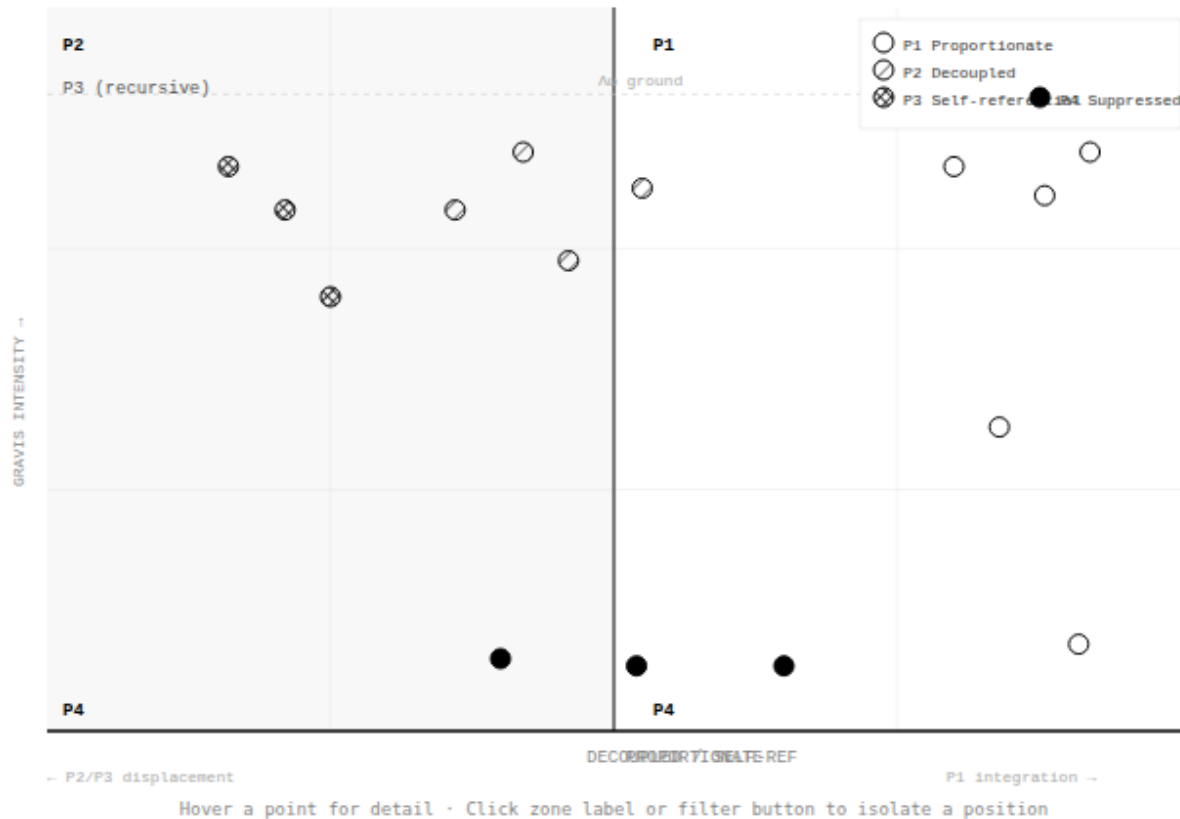
COLLECTIVE

P1 - Proportionate

P2 - Decoupled

P3 - Self-Referential

P4 - Suppressed



Complacency

P4 - Suppressed

Field suppressed despite genuine present stakes. The collective organism that cannot register the actual weight of what is at risk.

POSITION CONTEXT

P4 - Suppressed

Field below activation threshold

THERAPEUTIC DIRECTION

Careful, supported reactivation of the merimnaton field. The GRAVIS that emerges upon reactivation is not a treatment failure — it is the beginning of integration. The field that re-opens will surface the weight that was compressed.

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